Fruit and Vegetables

Amazing Fact

Modern fruits and vegetables that we eat today have been selectively bred and look very different to the equivalents that would have been eaten by our ancestors.

Farmers can choose the best-looking fruits and vegetables and then use the seeds from these to grow more that look similar. This way, over time, they can change the way fruits and vegetables look.

Challenge

Complete the crossword on the following page, using the clues below.

Across

2. These vegetables are small, green and round. You might eat them mushy!
3. The name of this fruit is also a colour.
4. There are lots of different types of this vegetable, including: runner, broad and baked.
6. This vegetable is popular at Halloween. You might carve a scary face into one!
8. A handy vegetable that can be boiled, mashed or made into chips.
9. An orange vegetable enjoyed by rabbits.

An Amazing Fact a Day

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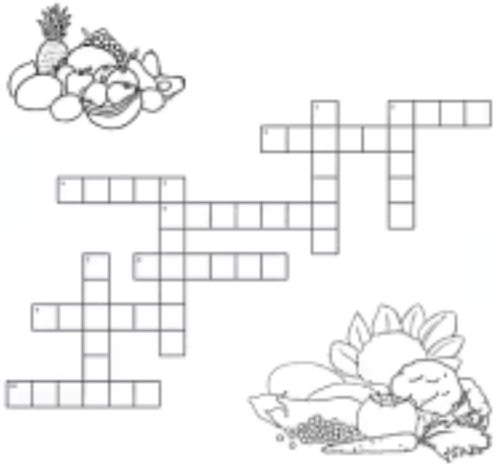

You could also try to find out:

- what your favourite fruit looked like in the past;
- how the process of selective breeding works;
- what the most popular vegetable is in your country.

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