

## Unit IV

### Human Diseases

#### Definition:

Human disease, an impairment of the normal state of human being that, interrupts or modifies its vital functions.

#### Causes:-

A disease may be caused by

External factors such as pathogens or by internal dysfunctions.

For example internal dysfunctions of the immune system can produce a variety of different diseases, including various forms of immunodeficiency, hypersensitivity allergies and autoimmune disorders.

#### Symptoms:

Diseases usually are indicated by signs and symptoms.

A sign is defined as an objective manifestation of disease that can be determined by physician; a symptom is subjective evidence of disease reported by the patient.

## Diagnosis:-

The process of determining the nature of a disease or disorder and distinguishing it from other possible conditions.

## Treatment and Prevention of diabetes

There's no cure for type 2 diabetes.

Losing weight, eating well and exercising

Can help manage disease if done regularly.

If diet and exercise aren't enough to

control blood sugar, diabetes medication or

insulin therapy

## Diabetes treatments

- Insulin Pumps

- Islet cell transplant

- Weight loss Surgery

- Insulin

## Cancer, hypertension:-

- Hypertension is associated with an increased risk of Cancer.
- This is most clearly displayed by the increased risk of renal cell carcinoma in patients with hypertension.
- In addition, the prevalence of hypertension is higher in patients with cancer and cancer survivors than in general population.

## Influenza:-

- The flu is caused by an influenza virus.
- Most people get the flu when they breathe in tiny air borne droplets from the coughs or sneezes of someone who has the flu.

## Symptoms of influenza

- fever
- cough
- sore throat
- headaches
- fatigue

## AIDS and Hepatitis:-

Hepatitis is inflammation of liver.

HIV is the virus that causes AIDS.

Both HIV and hepatitis B spread through blood, semen, mucus, and other body fluids.

Hepatitis C is transmitted through blood.

## Hepatitis diseases can be caused by

- Immune cells in the body attacking the liver

- . Infection from Virus
  - . Liver damage from alcohol or poison
  - . Medicines, such as an over doses of acetaminophen
  - . Fatty liver
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