



# **SNS COLLEGE OF TECHNOLOGY**

**Coimbatore-35**  
**An Autonomous Institution**

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Approved by AICTE, New Delhi & Affiliated to Anna University, Chennai

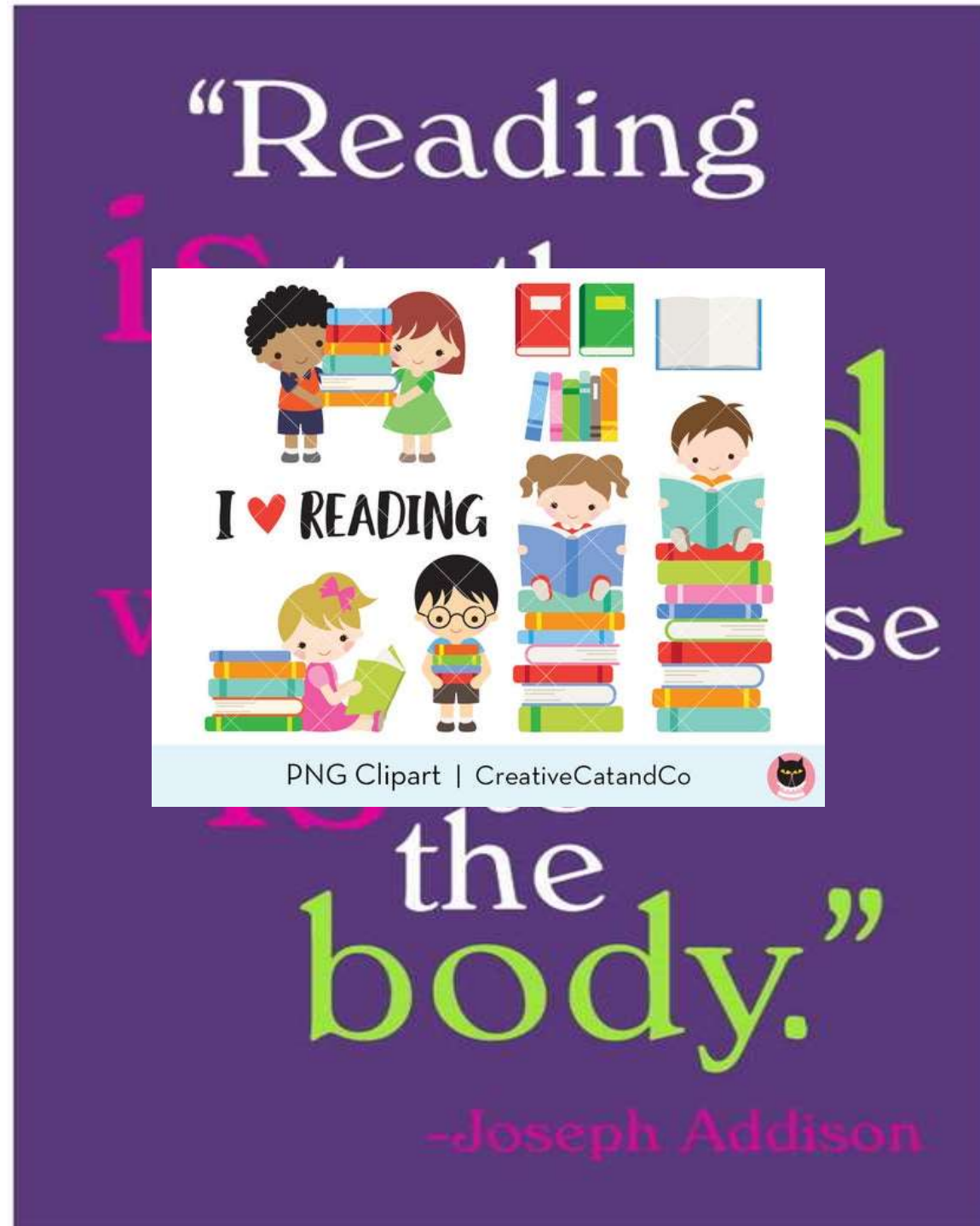


## **DEPARTMENT OF ENGLISH**

**19ENB101- COMMUNICATIVE ENGLISH**  
**I YEAR / I SEMESTER**

**UNIT II: Reading**

**TOPIC 1: Reading Techniques SQR3**



## What is Reading?

"Reading" is the process of looking at a series of written symbols and getting meaning from them. When we read, we use our eyes to receive written symbols (letters, punctuation marks and spaces) and we use our brain to convert them into words, sentences and paragraphs that communicate something to us."



# Purpose of Reading

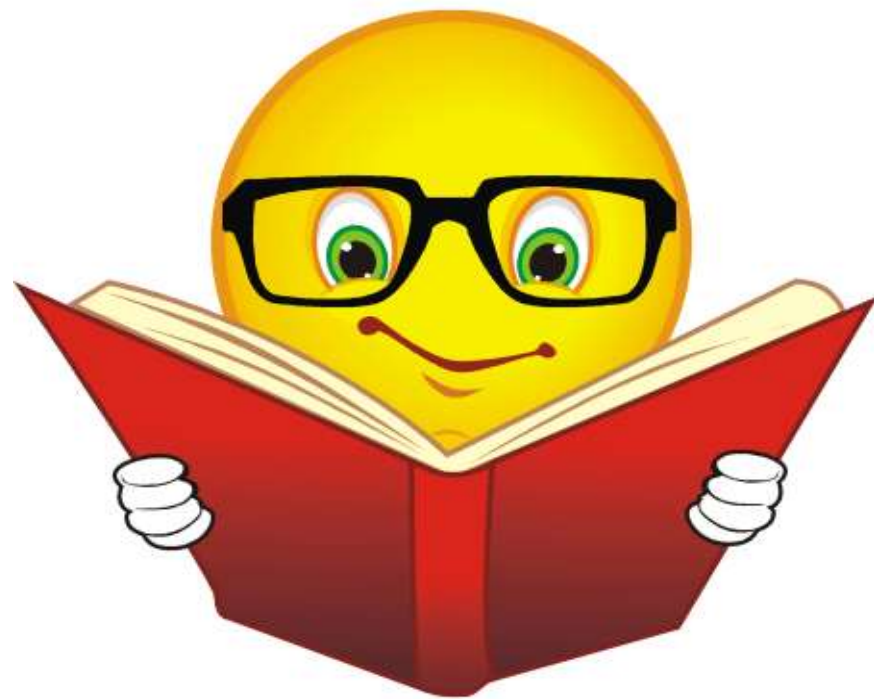
The primary purpose of Reading is to

understand the text.

construct meanings of words.  
(active process )

Apply strategies to understand

Get direct information towards a goal and focuses their attention





# Pre Reading Strategies



Effective readers use strategies to understand what they read



1. use prior knowledge to think
2. make predictions about the probable meaning
3. preview the text by skimming and scanning to get a sense of the overall meaning





# While Reading Strategies



Effective readers use strategies to understand what they read



1. To frame questioning, thinking about & reflecting on the ideas and information in the text



# Post Reading Strategies



Effective readers use strategies to understand what they read



1. relate with their own experiences and knowledge.
2. extend their understanding in critical and creative ways.

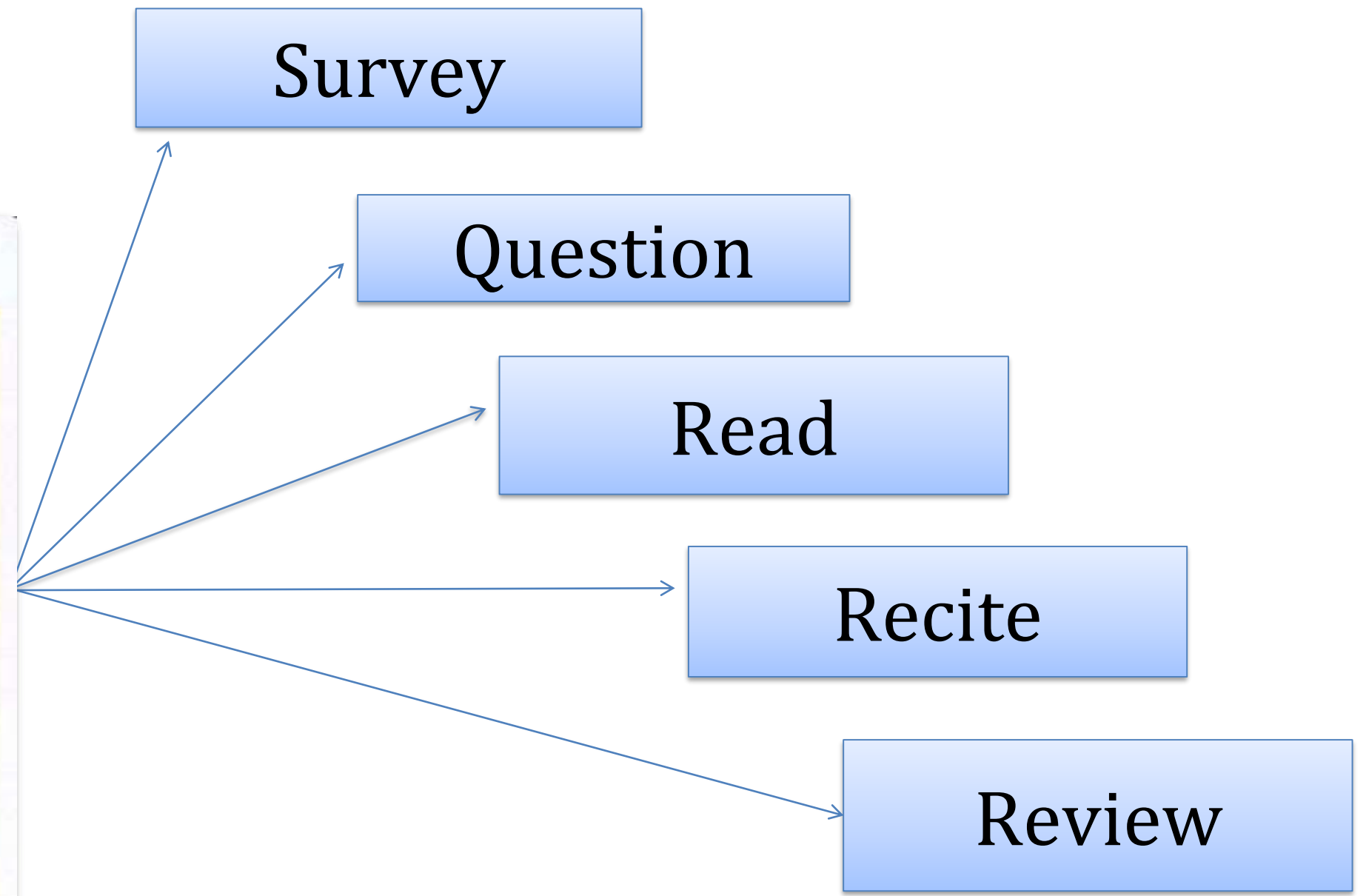


# Reading Strategy



## Reading Strategies

<b>PREDICT</b>  Try to figure out what might happen next.	<b>VISUALIZE</b>  Picture the people, places, and events being described.	<b>CONNECT</b>  Connect what you are reading to other texts and the real world.
<b>QUESTION</b>  Ask questions about the material you are reading.	<b>CLARIFY</b>  Investigate. Identify main points and summarize.	<b>EVALUATE</b>  Judge the story and the actions of the characters.



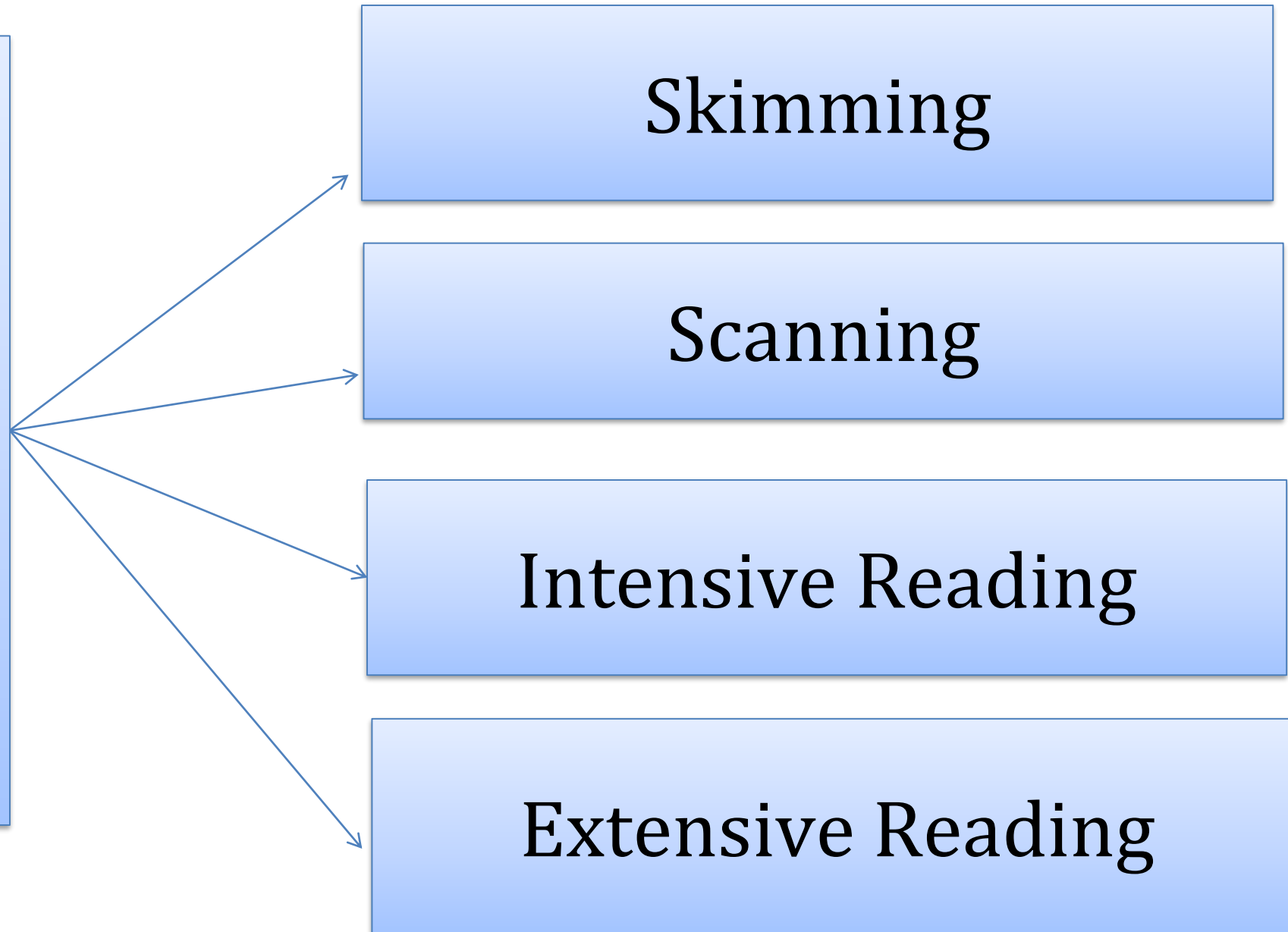




# Styles of Reading



Four Different Styles of Reading







There is a famous expression in English: "Stop the world, I want to get off!" This expression refers to a feeling of panic or stress, that makes a person want to stop whatever they are doing, try to relax, and become calm again. 'Stress' means pressure or tension. It is one of the most common causes of health problems in modern life. Too much stress results in physical, emotional, and mental health problems.

There are numerous physical effects of stress. Stress can affect the heart. It can increase the pulse rate, make the heart miss beats, and can cause high blood pressure. Stress can affect the respiratory system. It can lead to asthma. It can cause a person to breathe too fast, resulting in a loss of important carbon dioxide. Stress can affect the stomach. It can cause stomach aches and problems digesting food. These are only a few examples of the wide range of illnesses and symptoms resulting from stress.

Emotions are also easily affected by stress. People suffering from stress often feel anxious. They may have panic attacks. They may feel tired all the time. When people are under stress, they often overreact to little problems. For example, a normally gentle parent under a lot of stress at work may yell at a child for dropping a glass of juice. Stress can make people angry, moody, or nervous.

Long-term stress can lead to a variety of serious mental

illnesses. Depression, an extreme feeling of sadness and hopelessness, can be the result of continued and increasing stress. Alcoholism and other addictions often develop as a result of overuse of alcohol or drugs to try to relieve stress. Eating disorders, such as anorexia, are sometimes caused by stress and are often made worse by stress. If stress is allowed to continue, then one's mental health is put at risk.

It is obvious that stress is a serious problem. It attacks the body. It affects the emotions. Untreated, it may eventually result in mental illness. Stress has a great influence on the health and well-being of our bodies, our feelings, and our minds. So, reduce stress: stop the world and rest for a while.

\*Apply the Reading techniques to understand the paragraph and frame a suitable questions.



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*Thank You*