



Principles of Arthrodesis, Arthroplasty, Osteotomy, Bone Grafting, Tendon Transfers

A patient with a deformed ankle joint is considered for arthrodesis. Priya must explain the procedure's implications to the patient and assess its suitability.

Challenge: How should Priya evaluate and communicate the need for arthrodesis?

Possible Solutions:

1. Explain arthrodesis benefits (stability) and drawbacks (loss of motion) to the patient.
2. Assess the patient's functional goals and pain levels to determine suitability.
3. Recommend imaging to confirm joint damage extent.
4. Discuss alternative procedures like arthroplasty with the surgeon