



Across

- 2. Ability to maintain joint steadiness
- 3. Walking pattern assessed after injury
- 6. Cold application to reduce swelling
- 7. Gradual loading of the injured limb during recovery
- 8. Correct positioning of bone fragments
- 9. Stepwise increase in activity difficulty

Down

- 1. State of comfort without discomfort
- 2. Targeted muscle work to rebuild support
- 4. Supportive device that limits harmful motion
- 5. Firm pressure applied to control edema