Case Study: Role of the Drugs Technical Advisory Board (DTAB)

About DTAB

- Constituted under Section 5 of the Drugs and Cosmetics Act, 1940.
- Functions: To advise the Central Government and State Governments on technical matters relating to drugs and cosmetics.
- Members: Includes Director General of Health Services (Chairperson), Drugs Controller General of India (DCGI), heads of central laboratories, pharmacology/medicine experts, and representatives from pharmacy/medical institutions.

Case Study: Ban on Fixed Dose Combinations (FDCs) in India (2016–2018)

Background

- India has thousands of **Fixed Dose Combination (FDC)** drugs (medicines containing two or more active ingredients in a fixed ratio).
- Many FDCs were available without proper scientific evidence for safety/efficacy.
- Concerns: irrational prescriptions, antibiotic resistance, adverse reactions.

DTAB's Role

1. Evaluation

- The Ministry of Health sought advice from DTAB on the rationality of 344 FDCs.
- o DTAB reviewed data on safety, therapeutic justification, and global usage.

2. Recommendations

- o DTAB recommended **banning irrational/unscientific FDCs** under Section 26A of the Act (in the interest of public health).
- It advised that only those FDCs with adequate safety/efficacy evidence should continue.

3. Implementation

- o Based on DTAB's advice, the Government banned 344 FDCs in 2016.
- o Pharmaceutical companies challenged the ban in the Delhi High Court.

4. Judicial Outcome

- o Initially, the ban was stayed by the court.
- Later, the Supreme Court (2017–2018) directed the DTAB to re-evaluate the drugs and provide expert recommendations.
- o After re-examination, many FDCs were permanently banned, while some were allowed with modifications.

Impact

- Ensured **patient safety** by removing irrational drugs from the market.
- Strengthened regulatory framework by using **expert technical advice** rather than purely administrative action.
- Highlighted DTAB's role as a scientific advisory body bridging government and judiciary.

Puzzle Questions:

- What is the crucial role in DTAB.
- FDC stands for Fixed _____ Combination.
- Section 26A?