

Set 3 – Mnemonics

Mnemonic for Features of Delirium: “DREAMS”

- **D** – Disturbed consciousness
- **R** – Reversal of sleep-wake cycle
- **E** – Emotional instability
- **A** – Acute onset
- **M** – Memory impairment
- **S** – Sensory misperceptions (hallucinations)

Mnemonic for Dementia Core Features: “MAD LOSS”

- **M** – Memory loss
 - **A** – Aphasia (speech difficulty)
 - **D** – Disorientation
 - **L** – Lack of judgment
 - **O** – Occupational impairment
 - **S** – Social/behavioral decline
 - **S** – Slow progressive course
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Set 4 – Match the Following

Column A (Disorder)	Column B (Feature)
Delirium	Acute onset, fluctuating confusion
Dementia	Progressive, irreversible cognitive decline
Amnesic disorder	Significant memory impairment
Hallucination	False sensory perception
Orientation	Awareness of person, place, and time
Nursing intervention	Safety, reorientation, reality orientation
Rehabilitation	Long-term support and adaptation