Set 1: Puzzles (Concept Identification)

Identify the specific therapy, disorder, or required nursing component described below, drawing only on the content of Unit VII.

- 1. **Core Disorder Category:** The main category of mental illness addressed comprehensively in Unit VII, distinct from psychotic disorders (Unit VI). (*Answer: Mood disorders*)
- 2. **Specific Condition:** A chronic, milder form of depression listed alongside Bipolar affective disorder, depression, and mania. (*Answer: Dysthymia*)
- 3. **Nursing Assessment Component:** The specific assessment required in addition to History and Physical assessment. (*Answer: Mental assessment / Mental status examination*)
- 4. **Post-Discharge Care:** The comprehensive supportive process listed with Follow-up and home care at the end of the management section. (*Answer: Rehabilitation*)
- 5. **Special Knowledge Area:** The understanding of the causation and progression of the disorder, listed as Etiology and this other term. (*Answer: Psycho-dynamics*)