# Set 1: Match the Following (Relationship Components)

Match the relationship or communication concept in Column A with its associated description, tool, or outcome listed in the Unit IV content in Column B.

Column A (Unit IV Concept)

Column B (Related Term/Focus) Citation

1. Technique for reviewing Interpersonal Relationship A. Therapeutic impasse (IPR)

- 2. Formal agreement between nurse and patient
- B. Johari window
- 3. Negative outcome requiring intervention
- C. Characteristics and barriers D. Elements of nurse patient
- 4. Aspects of therapeutic communication studied

contract

**Answers:** 1-B, 2-D, 3-A, 4-C

### Set 2: Mnemonic Device (Core Content Areas)

This mnemonic helps recall the four primary topics covered in Unit IV regarding the therapeutic relationship.

Mnemonic Unit IV Content Topic Citation Component

Communication (Therapeutic communication: types, techniques,  $\mathbf{C}$ 

**R**elationship (Therapeutic nurse-patient relationship) R Impasse (Therapeutic impasse and its management) I **J**ohari window (Review of technique of IPR) J

Mnemonic: Careful Relationships Involve Judgment.

Set 3: True or False / Concept Identification (Puzzle)

Part A: True or False

Determine if the following statements regarding Unit IV content are True or False.

- 1. **True or False:** A learning outcome of Unit IV is to describe therapeutic impasses and its interventions.
- 2. **True or False:** Unit IV covers the classification of mental disorders.
- 3. True or False: The teaching method of Process recording is utilized in Unit IV.
- 4. True or False: The assessment methods for Unit IV include only Essay and Short answer.

### **Answers & Justification:**

- 1. **True.** The learning outcome specifically states, "Describe therapeutic impasses and its interventions".
- 2. False. Classification of mental disorders (ICD11, DSM5) is covered in Unit II.
- 3. **True.** Process recording is listed as a teaching/learning activity for Unit IV.
- 4. False. While Essay and Short answer are listed, OSCE (Objective Structured Clinical Examination) is also listed as an assessment method for Unit IV.

Part B: Concept Identification (Puzzle)

Identify the specific concept or tool described below, based on the Unit IV content.

- 1. What specific tool is reviewed as a technique of IPR? (2 words)
- 2. What component of therapeutic communication is listed alongside types, techniques, and characteristics?
- 3. What is the video teaching activity listed for Unit IV?

#### **Answers:**

- 1. Johari window
- 2. barriers
- 3. Simulation

\_\_\_\_\_

# Set 4: Fill-in-the-Blank (Specific Details and Purpose)

Complete the sentences using terms or concepts drawn from the Unit IV syllabus description.

- 1. The overall content focus of Unit IV is Therapeutic Communication and \_\_\_\_\_\_-Patient Relationship.
- 2. Unit IV includes reviewing the elements of the nurse patient \_\_\_\_\_\_.
- 3. The learning outcome for this unit is to \_\_\_\_\_\_ therapeutic communication & techniques.
- 4. \_\_\_\_\_ and its management are discussed as a challenge in the therapeutic relationship.

#### **Answers:**

- 1. Nurse
- 2. contract
- 3. Identify
- 4. Therapeutic impasse