



COMMUNITY HEALTH NURSING-II B.SC. NURSING

Unit IV: Assisting Individuals and Groups to Promote and Maintain Their Health

Activity 1: Short Answer Quiz (5 minutes)

1. Name one method a community health nurse uses to assess family health. (E.g., Monitoring growth, blood pressure monitoring)
2. List one social issue a community health nurse might address. (E.g., Women empowerment, female foeticide)
3. Identify one community resource utilized for health promotion. (E.g., Old age homes, trauma services)

Activity 2: Crossword Puzzle (5 minutes)

Clues:

- Across 1: Monitoring method for child health (7 letters: MILESTONE)
- Across 2: Social issue addressed by nurses (6 letters: ABUSE)
- Down 1: Self-care exam for women (6 letters: BREAST)
- Down 2: Community resource for elderly (7 letters: OLDAGE)

Activity 3: Multiple Choice Questions (MCQs) (5 minutes)

1. What is a health promotion activity by community health nurses?
 - a) Performing surgeries
 - b) Breast self-examination training (Correct)
 - c) Managing hospital budgets
 - d) Designing medical equipment
2. Which social issue do community health nurses address?
 - a) Road construction
 - b) Substance abuse (Correct)
 - c) Industrial production
 - d) School curriculum
3. What is a community resource for health support?
 - a) Shopping malls
 - b) Orphanages (Correct)
 - c) Factories
 - d) Banks
4. What is a purpose of health records maintenance?
 - a) Financial auditing
 - b) Tracking health status (Correct)
 - c) Equipment repair
 - d) Marketing campaigns



Activity 4: True/False (5 minutes)

1. Community health nurses monitor growth milestones in children. (True)
2. Community health nurses do not address women empowerment. (False)
3. Urine tests for sugar are part of health assessments. (True)
4. Old age homes are not community resources for health. (False)
5. Community health nurses conduct follow-up care for disabilities. (True)

Activity 5: Yes/No quiz (5 minutes)

1. Do community health nurses teach breast self-examination? (Yes)
2. Is food adulteration a social issue they address? (Yes)
3. Is routine checkups part of health promotion activities? (Yes)
4. Do community health nurses ignore waste management? (No)
5. Are homes for the destitute a community resource? (Yes)