



COMMUNITY HEALTH NURSING-II



B.SC. NURSING

Unit I: Introduction to Community Health and Community Health Nursing, Health Planning, Policies, and Problems

Activity 1: Short Answer Quiz (5 minutes)

1. Define Community Health Nursing in one sentence. (E.g. It is nursing care focused on improving health for individuals, families, and groups in community settings.)
2. Name one key aspect of the scope of Community Health Nursing. (E.g., Preventive care, health promotion, or community-based care.)
3. State one difference in community health practices between pre- and post-independence India. (E.g., Post-independence saw structured national health programs.)

Assessment: Collect hand-outs; review for accuracy and clarify misconceptions.

Activity 2: Crossword Puzzle (5 minutes)

Clues:

- Across 1: Nursing focused on community health (11 letters: COMMUNITY HEALTH)
- Across 2: Era after India's independence (4 letters: POST)
- Down 1: Core focus of community health (9 letters: PREVENTION)
- Down 2: Era before India's independence (3 letters: PRE)

Activity 3: Multiple Choice Questions (MCQs) (5 minutes)

1. What is a primary focus of Community Health Nursing?
 - a) Hospital-based surgery
 - b) Health promotion in communities (Correct)
 - c) Individual clinical treatment
 - d) Pharmaceutical research
2. When did community health programs expand significantly in India?
 - a) Pre-independence
 - b) Post-independence (Correct)
 - c) During colonial rule
 - d) Before 1900
3. What does the scope of Community Health Nursing include?
 - a) Only curative care
 - b) Preventive and promotive care (Correct)
 - c) Administrative tasks only
 - d) Emergency surgeries
4. Community Health Nursing applies principles of:
 - a) Public health (Correct)
 - b) Private healthcare
 - c) Corporate management
 - d) Educational reform



Activity 4: True/False (5 minutes)

1. Community Health Nursing includes care for individuals and groups. (True)
2. Community health concepts were fully developed before independence. (False)
3. The scope of Community Health Nursing excludes health education. (False)
4. Post-independence India saw growth in structured health programs. (True)
5. Community Health Nursing focuses only on urban settings. (False)

Activity 5: Yes/No quiz (5 minutes)

1. Does Community Health Nursing involve health promotion? (Yes)
2. Was community health fully organized in pre-independence India? (No)
3. Is preventive care part of Community Health Nursing's scope? (Yes)
4. Did post-independence India lack community health initiatives? (No)
5. Does Community Health Nursing apply public health principles? (Yes)

Activity 6: Short Answer Quiz (5 minutes)

1. Name one major health problem in India mentioned in the syllabus. (E.g., Communicable diseases, malnutrition)
2. What is the purpose of the National Population Policy? (E.g., To control population growth)
3. Identify one health committee or commission in India. (E.g., Central Council for Health and Family Welfare)

Activity 7: Crossword Puzzle (5 minutes)

Clues:

- Across 1: National plan for health development (8 letters: FIVEYEAR)
- Across 2: Policy updated in 2002 (6 letters: HEALTH)
- Down 1: Council for health and family welfare (3 letters: CCH)
- Down 2: Policy addressing population control (10 letters: POPULATION)

Activity 8: Multiple Choice Questions (MCQs) (5 minutes)

1. What is a key feature of the Five Year Plans?
 - a) Focus on education only
 - b) National health planning (Correct)
 - c) Industrial development only
 - d) Urban infrastructure
2. Which year was the National Health Policy updated?
 - a) 1983
 - b) 2002 (Correct)
 - c) 1990
 - d) 2010
3. What is a major health problem in India?
 - a) Lack of technology
 - b) Communicable diseases (Correct)
 - c) Overpopulation of schools
 - d) Absence of committees



4. Which body oversees health and family welfare?
- a) National Population Council
 - b) Central Council for Health and Family Welfare (Correct)
 - c) Education Ministry
 - d) Urban Development Board

Activity 9: True/False (5 minutes)

- 1. The National Health Policy was updated in 2002. (True)
- 2. The Five Year Plans focus only on urban health. (False)
- 3. Communicable diseases are a major health problem in India. (True)
- 4. The National Population Policy aims to increase population growth. (False)
- 5. The Central Council for Health and Family Welfare advises on health policies. (True)

Activity 10: Yes/No quiz (5 minutes)

- 1. Do the Five Year Plans include health planning? (Yes)
- 2. Was the National Health Policy first introduced in 2002? (No)
- 3. Is malnutrition a health problem in India? (Yes)
- 4. Does the National Population Policy focus on education? (No)
- 5. Does the Central Council for Health and Family Welfare exist in India? (Yes)