



SNS COLLEGE OF NURSING SARAVANAMPATTI COIMBATORE

COURSE: B.Sc Nursing III Yr

SUBJECT: Nursing research and Statistics

UNIT: I (Research and research process)



RESEARCH



DEFINITION

- Research is the systematic inquiry that uses disciplined methods to answer questions or solve problems. – Polit.
- Nursing research is systematic inquiry designed to develop evidence about issues of importance to nursing proffession including nursing practice , nursing education and administration.- Polit.



NEED FOR NURSING RESEARCH



To,

- Provide evidence to nurses clinical actions and decisions.
- Integrate nursing research and EBP (Evidence Based Practice)
- Promote broader clinical changes from local initiatives by the nurses.
- Develop new clinical knowledge and skills based on research findings.
- Find out what works best for the patients.













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NEED FOR NURSING RESEARCH



To,

- Mould the attitude and intellectual competence of the nurses.
- Fill the gap between knowledge and practice.
- Provide base for professional accountability.
- Improve the standards of nursing education.
- Refine the existing theories and to discover new theories.





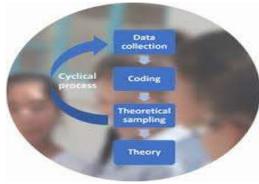














SCIENTIFIC METHOD

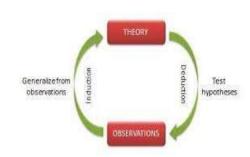


- Scientific methods are defined as a set of orderly, systematic, controlled procedure for acquiring empirical information.
- Scientific methods are characterized by induction and deduction together and form a good system of obtaining knowledge having more reliability than the traditional one.













CHARACTERISTICS OF SCIENTIFIC METHOD



Orderly Fashion

Control

Empiricism

Generalization

Theory



CHARACTERISTICS OF SCIENTIFIC METHOD



- Orderly Fashion- Research should be conducted in an orderly manner of all scientific steps.
- Control In a scientific research all external factors and extraneous variables needs to be controlled to get the actual result without bias.
- Empiricism In all scientific research, Data should be gathered in reality.















CHARACTERISTICS OF SCIENTIFIC METHOD



- Generalization Scientific method involves new knowledge which can be applied generally, not as isolated cases.
- Theory Scientific methods provide new knowledge through various investigations which will develop theories.





BASIC RESEARCH

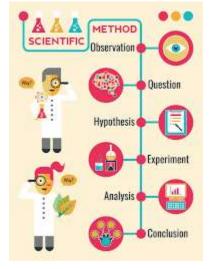
 To extend the base of knowledge in a discipline or to refine a theory.

APPLIED RESEARCH

Focuses on finding solution to existing problems.

















IDENTIFICATION RESEARCH

 To study a phenomenon about which a little is known.

DESCRIPTION RESEARCH

 Focuses on prevalence, incidence, size, and measurable attributes of a phenomenon.













EXPLORATION RESEARCH

To investigate the full nature of a phenomenon in depth.

EXPLANATION RESEARCH

To understand the underpinnings of natural phenomenon & to explain systematic relationship among phenomena.

9/9/2023 PRINCIPAL / KAVITHA P





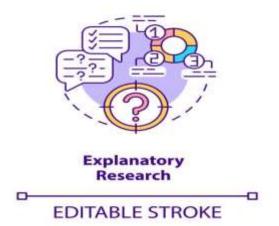


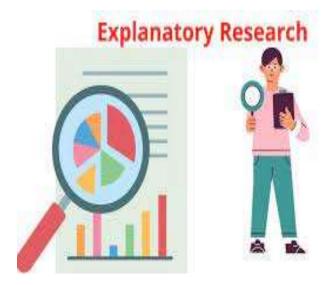
















PREDICTION

 To investigate what will happen if we alter a phenomena or introduce an intervention.

CONTROL

 To understand how can we make the phenomenon happen or alter its prevalence?









PRINCIPAL / KAVITHA .P

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CHARACTERISTICS OF GOOD RESEARCH



Nursing research should be,

- Carefully designed.
- Objective and logical.
- Begin with clearly defined purposes.
- Directed towards the solution of a problem.
- Based upon observable experience or empirical evidence.
- Should emphasize the development of generalization of principles or theories.
- Should gather new data from primary source of data.





CHARACTERISTICS OF GOOD RESEARCH



Nursing research should be,

- Based on current professional issues.
- Emphasize to develop, refine, and expand professional knowledge.
- Strive to collect first hand information/data.
- Conducted on representative sample.
- Based on researcher's expertise, interest, motivation and courage.



STEPS OF RESEARCH PROCESS - OVERVIEW



1. Conceptual phase

2. Designing and planning phase

3. Empirical phase

4. Analytical phase

5.
Dissemination phase





- 1. Formulating and delimiting the problem.
- 2. Reviewing the related literature
- 3. Undertaking clinical / field work.
- 4. Defining the conceptual framework.
- 5. Formulating hypothesis.







25

1. Formulating and delimiting the problem.

 First Identify an interesting, significant research problem and research questions. Common sources of research problems are given below.

Examples:

- Substantive issues: is the research question is important?
- Theoretical issues: Is there broader conceptual context to understand the research problem?





- Clinical issues: Could research findings be useful in clinical setting?
- Methodological issues: How can this question be studied to yield evidence?
- Ethical issues: Can this question be rigorously addressed without ethical transgressions?







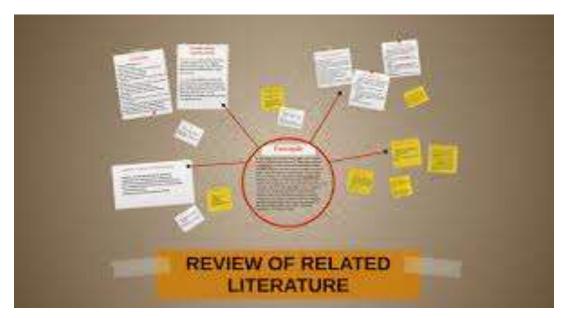


2. Reviewing the related literature

- Quantitative research is conducted within the context of previous knowledge. It is must for a researcher to know about what is already known about a research problem.
- A thorough literature review provides a foundation on which to base new evidence and usually is conducted well before data collection.
- For clinical problems, it is preferable to review the existing practice guidelines.













29

3. Undertaking clinical field work

In addition to clinical knowledge, clinical field work is required in clinical based research studies. Further it helps to develop methodological strategies also. Activities in clinical field work includes,

- Observe the clinical setting first.
- Discuss with clinician.
- Monitor current practices and current clinical trends.











31

4. Defining the conceptual framework

- When a Research is performed with in the context of theoretical framework, the findings may have broader significance and utility.
- When the research question is not embedded in a theory, there must be a clear sense of concepts under study that is development of conceptual definitions to be done.





Conceptual Framework









5. Formulating hypothesis

It is a statement of researcher's expectation about relationship between study variables, that is expected results of a study.

Ex:

Research question: Is pre eclamptic toxemia is related to stress?

Hypothesis: women with stress will be more likely than women without stress to experience pre eclamptic toxemia.









PHASE 2 : DESIGNING AND PLANNING PHASE



- 6. Selecting research design.
- 7. Developing intervention protocol.
- 8. Identifying the population.
- 9. Designing the sampling plan.
- 10. Specify the methods to measure research variables.
- 11. Develop methods to safeguard subjects.
- 12. Finalize research plan.



PHASE 2 : DESIGNING AND PLANNING PHASE



36

Selecting research design. (back bone of a study)

- Research design is the overall plan for obtaining answers to the research question.
- Select a suitable design and take measures to reduce bias and to enhance the interpretability of results. It also should specify
- data collection points.
- What type of comparison will be made?
- Setting of the study?





37

7. Developing intervention protocol.

- In experimental study, intervene and create the independent variable that is intervention.
- Samples will be exposed to different treatments and conditions. Intervention protocol should specify in depth about,
- Who will administer? Howfrequently? How long?
- What would be the alternative condition?
- This step is not required for non experimental study.





8. Identifying the population.

- Population is all the individuals or objects with common, defining characteristics.
- Ex. All clients with type II diabetes mellitus in India.
- Researcher must know what characteristics the samples should possess and to whom the results can be generalized.





9. Designing the sampling plan

- Data will be collected from a sample, which is a subset of population. The sampling plan should specify in advance how the samples will be selected, recruited, how many samples.
- Always select representative sample that is how typical or representative the sample is of the population.





10. Specify the methods to measure research variables

- Researcher should identify or design appropriate methods to measure variables.
- A variety of data collection tools are available.
 For ex,
- Self reports interviews
- Observations
- Bio physiologic measurements





11. Develop methods to safeguard subjects.

- Most of the nursing research involves human subjects and few studies may involve animals.
- In either case, steps to be taken to confirm the rights of subjects have been adequately protected.





12. Finalize research plan.

- It is must to do a number of test to ensure that research plan will work smoothly.
- Get your research plan critiqued by peers, and experts.
- Conduct a pilot study, before conducting the main study.



PHASE 3 : EMPIRICAL PHASE



- 13. Collecting the data.
- 14. Preparing the data for analysis.







PHASE 3 : EMPIRICAL PHASE



13. Collecting the data.

- Data collection may require several weeks or even months.
- Data collection plan should specify ,
- Data collection tool.
- Where and when the data will be collected.
- How to record the data.



PHASE 3 : EMPIRICAL PHASE



14. Preparing the data for analysis

- Collected data needs to be processed for analysis. Data needs to be coded.
- Coding- It is translating verbal data in to numerical form.
- Transfer the data from written documents in to computer files for analysis.



PHASE 4: THE ANALYTIC PHASE



- 15. Analyzing the data.
- 16. Interpreting the results.







PHASE 4: THE ANALYTIC PHASE



15. Analyzing the data.

- Collected data is analyzed through a variety of statistical methods starting from simple computations to sophisticated methods.
- Computers have eliminated the need to get bogged down with detailed mathematic operations.



PHASE 4: THE ANALYTIC PHASE



16. Interpreting the result

- It is the process of making sense of study results.
- Researcher will explain the findings in the light of prior evidence and theory.
- It should also specify how the findings can be used and recommendations for future research.



PHASE 5 : THE DISSEMINATION PHASE



- 17. Communicating the findings.
- 18. Utilizing the findings in practice.





PHASE 5 : THE DISSEMINATION PHASE



17. Communicating the findings.

- Research reports to be prepared and shared with others.
- It can take various forms like Dissertations, journal articles, presentations at conferences etc..



PHASE 5 : THE DISSEMINATION PHASE



18. Utilizing the findings in practice

- It is a concluding step used to plan for its use in practice settings.
- In a research report a recommendation should be included regarding how the evidence from the study could be incorporated in to the practice of nursing.



SUMMARY



 Unit I covers all the main and sub topics of RESEARCH AND RESEARCH PROCESS in brief. It includes definition, need for nursing research, characteristics of good nursing research and steps of research process.



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