



UNIT -1 INTRODUCTION TO MEDICAL SURGICAL NURSING

TRENDS IN MEDICAL SURGICAL NURSING

Medical surgical nursing is the care of adults in health and illness. It is based on knowledge derived from the art and science and further enhanced by knowledge from Nursing. The focus of medical surgical nursing is adult's patient's response to actual or potential alterations in health.

Trends means a change or movement in a particular direction.

A trend in nursing profession is a change that is taking place in present days in any field of nursing, may it be in education or practice which affects the profession as a whole.

Rapid development of knowledge, development of science and technology, excellent communication with electronic technology are main trends that need consideration to medical surgical nursing.

Current trends:

1. Population Changes:

Over the last decade, the demographic profile of requiring nursing care has changed dramatically. Hospital services to elderly by year 2005 will have increase by almost 40% from 1992 levels. The number of people infected with HIV is also rising rapidly. All of these factors impact greatly on nursing care which leads to changing role of nurse in different especially as cardio vascular or orthopedic nursing.

2. Advanced Nursing Practice:

Professional Nursing is adapting to meet changing health care needs and expectations one method is advanced practice role which has developed in response to need for improved distribution of health care services and decreased cost.

The nurse who function in advance practice role provides direct care to patients through or practice within health agency.

This new role amended to give nurses authority to perform functions that were previously restricted to practice of medicine.

Advance practice role requires expert skills in interviewing, observation, physical assessment and examination and latest clinical technique.

So, new nurse must be skilled in decision making, evaluation outcome of care, implementing measures to promote cost containment and reduction.

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3. Health care Reform:

Over the years, health care has become increasingly expensive, insurance premiums have climbed and business have been less inclined to offer health benefits to all through government programs.



4. Computerization:

Use of computerized records has help in speed Record Keeping and allow Nurses to spend more time with their clients.

Institutions using computers in many ways such as ordering supplies and services storing and providing immediate access to diagnostic test results

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documenting nursing access and care and developing individualized plans of care. Many Institutions now a day, placing computers at client bedside to decrease the time required for documentation.



5. Knowledge of Expansion:

As medical surgical Nurse assume diverse roles with them varied responsibilities, so they must have special skills to look after the special needs of the client.

Due to their skills, she acquires understanding of the behavioural pattern and an ability to promote problem solving skills for individual, families and groups.

To care for wide range of patients , nurses need knowledge of biological psychological and social sciences. There are different specialty area in hospital with in acute care setting which provide numerous medical surgical opportunities like Advance nursing, cardio vascular system nursing, orthopedic nursing, Infection control nursing, Geriatric nursing and oncology nursing.

6. Evidence BasedPractice:

It is concept used to improve care to achieve client outcome. It uses research findings that are grounded in science along with client characteristics to guide clinical practice, there by preventing practice being directed by tradition. Evidenced based nursing is use of current best evidence in making clinical decisions about patient care.

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7. Consumer Orientation:

Main goal of medical surgical nursing nurse is promotion of health, prevention of illness, restoration of health when illness will occur.

During care given to client she is oriented to clients, physical, emotional, spiritual, psychological nature.

8. Ethical Concern:

It is important trend which is growing among patients and nurse. Ethical issues sprout when question arises as to who is right and who is right to prevail. Nurses apply ethics during care for terminally ill care for dying arises. She should aware of right of the patients and different ethics.

9. Change in Role of Medical Surgical Nurse:

- Care givers: Increased education of nurses, research and development of knowledge causes a shift in role of nurse from dependent and independent and collaborative.
- Educator: She assess learning needs, plans & implements teaching strategies to meet those needs.
- Advocate: She actively promotes patients right to autonomy and free choice thus speaking for patients, protecting patients' rights for self-determination.
- Leader and Manager: All nurses practice leadership and manage time, people, resources and environment in which they give care.
- Change Agent: It involves planning and implementing a system to change patient's health related behavior.

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- Researcher: Nurse have always identified problem in patients care, although they have developed interventions to meet specific needs, many of their activities have not been conducted with in scientific framework or communicated to other nurses through nursing literature.

References:

Javed Ansari, Medical Surgical Nursing, volume I ,Pee vee publications