



## SNS COLLEGE OF NURSING



### COIMBATORE – 35

### UNIT – II ( FAT)

#### I . ESSAY

**15 X 1 = 15**

1. Define fat . Write about classification of fat.

#### II. WRITE SHORT NOTES.

**5 X 2 = 10**

1. Describe about Digestion of fat.
2. Enlist functions of Fat.

#### III. WRITE SHORT ANSWERS

**2 X 5 = 10**

1. Define RDA of fat.
2. Effects of fat deficiency.
3. List out the sources of fat
4. Define Hypercholesterolemia
5. Define deficiency of Fat.