



# **SNS COLLEGE OF NURSING**

**saravanampatti(po),coimbatore-35**

**Affiliated to The Tamilnadu DR.MGR MEDICAL UNIVERSITY,Chennai**

**DEPARTMENT OF NURSING**

**COURSE – 1 ST YEAR B.SC(N)**

**Subject-Nursing Foundation**

**UNIT: X- MEETING NEEDS OF PATIENT**

**TOPIC 2:Providing urinal/Bed pan/condom drainage**



# BED PAN



# URINAL





# MEANING



Meeting elimination need of bedridden male patients using a urinal.

Meeting elimination need of bedridden female patients using a bedpan.



# PUPOSES



- ✓ To facilitate bowel and bladder elimination
- ✓ To collect specimen
- ✓ To give perineal wash
- ✓ To perform bowel and bladder training



# ARTICLES



- Urinal or bedpan
- Paper or washable cover
- Toilet tissue
- Towel Plastic or rubber bed protector Gloves



# PROCEDURE-URINAL



PROCEDURE	RATIONAL
Assess patients normal elimination habits	Identifies normal pattern of urination
Palpate for distended bladder	Identifies if bladder is full and patient needs to void
Wash hands and wear gloves	Reduces transmission of micro-organisms



# PROCEDURE-URINALS



•Provide privacy by closing the door or bedside screens

Provides comfort

Ask the patient to sit.

Easier to void

Patient should hold the urinal and position penis in the urinal and to void.

avoids spillage of urine on the bed linen





# PROCEDURE-URINALS



**Provide urinal to the patient**

Once patient has finished  
remove the urinal

If required collect urine in the  
specimen container

Empty the urinal into toilet and  
clean it.

For testing of urine



# PROCEDURE-URINALS



Empty the urinal into toilet and clean it

- Place urinal near to patient after cleaning for next use

Remove gloves and wash hands.



# PROVIDING URINAL





# PROCEDURE-BED PAN



## PROCEDURE

## RATIONALE

Assess the patients level of mobility, amount of assistance required .

- Helps in providing assistance required by the nurse

Wash hands and wear gloves

- Reduces transmission of micro-organisms



# PROCEDURE-BED PAN



Warm bedpan under warm water for few seconds and dry it

•Warm pan helps to relax anal sphincter

•Provide privacy by closing the door or bedside screens

•Provides comfort

Position bed to convenient height

•Prevents strain on back



# PROCEDURE-BED PAN



- Elevate the side rails

- Reduces the risk of accidental falls

Ask the patient to raise the hips and place the bed pan.

- If the patient is unconscious, position patient to side-lying position, place bedpan against buttocks and roll the patient to the bed pan.



# PROCEDURE-BED PAN



.If patient can help by himself, provide tissue to wipe or place the another bed pan and pour water to clean himself.

- Provide soap and water to clean patients hand.If patient is helpless, provides perineal care and anal care
- Send the bedpan to clean
- Remove gloves and wash hands

# PROVIDING -BED PAN







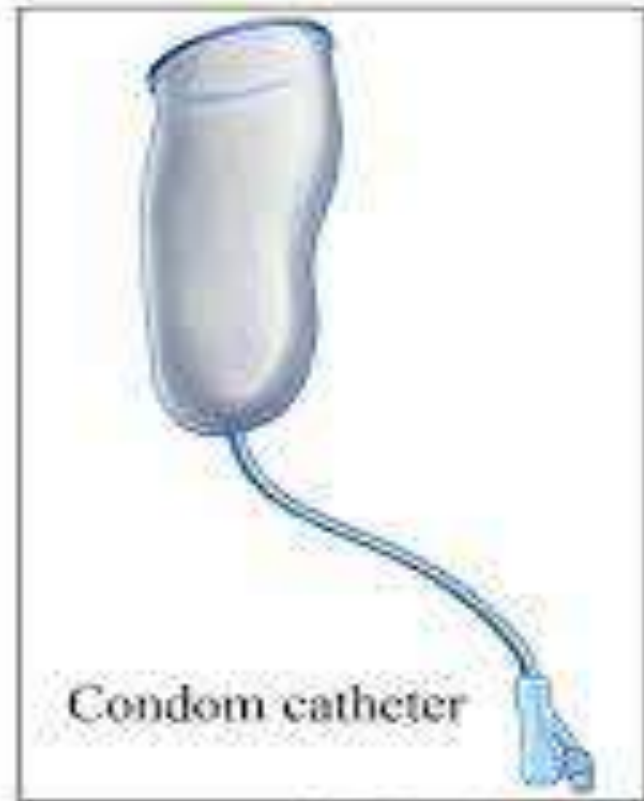
# AFTER CARE



Document in patient's record:

- Time and results of elimination.
- Assistance required.
- Report any changes in the patient's condition to supervisor.

# CONDOM DRINAGE



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# STEP 1: MEASUREMENT



- If you are unsure of the size of condom to select, use a measuring guide.
- Place the guide behind the glands of the penis. If between sizes, select a larger size.





# STEP 2 PREPARATION



- Wash your hands and your penis with soap and water.
- Rinse and dry your penis thoroughly. Before applying the sheath, trim your pubic hair.
- Alternatively, use a paper towel or piece of fabric with a hole in the middle as a guard to keep the pubic hair away.

# STEP 2 PREPARATION

- Inspect penis to make sure there's no broken or reddened skin and don't use lotions, oils as they may prevent a secure seal against the skin.





# STEP 3 APPLICATION



- If not circumcised make sure the foreskin is pulled forward over the head of the penis before applying the sheath.
- Don't push the sheath hard against the penis tip. Leave a gap of approx 5cm. Once rolled down, use the hand to make sure the condom is fitted correctly.



# APPLICATION (continued)



- If you're in bed, you can attach the collection bag to your bed. If you're sitting in a chair, you can attach the urine bag to the chair below the cushion or seat.
- Connect the condom to the tube of the urine bag.



# APPLICATION (continued)



- If you're using a small leg bag, use a catheter leg strap to secure the urine bag to your leg just below your knee.
- Leave some slack in the tube so the condom will not be pulled when you move your leg .The urine collection bag must be placed so that your urine flows downward.





# APPLICATION (continued)





## STEP 4: AFTER CARE



- Remove the sheath whilst showering. (Adding a few drops of shampoo/conditioner make removal easier).
- Ensure to clean under the foreskin. If there is a problem with the sheath coming off when using an overnight drainage bag, check the bag tubing width. Try a bag with a wider tube.



# RECAPITALIZATION



1. What is bedpan and urinal ?
2. What all are the purpose of giving bedpan ?
3. What are all the articles required for this procedure?
4. How to apply condom catheter?



# REFERENCES



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- ❖ Annamma Jacob, Rekha R. clinical nursing procedures the art of nursing practice. Jaypee publications Newdelhi: 2015