



SNS COLLEGE OF NURSING Saravanampatti (po), coimbatore.

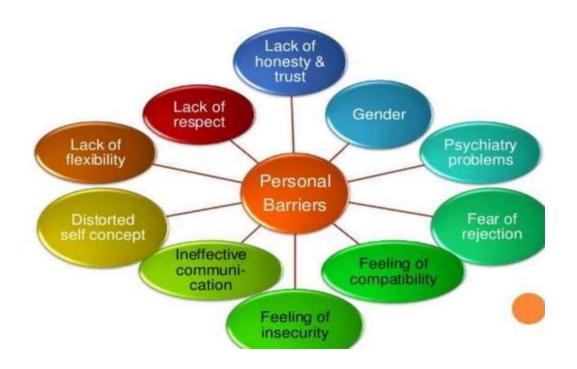
DEPARTMENT OF NURSING
COURSE NAME : BSC (NURSING) II YEAR
SUBJECT : CET

UNIT II: INTERPERSONAL RELATIONSHIP TOPIC: BARRIERS OF IPR



PERSONAL BARRIERS









Gender: In IPR gender must be given due consideration.

➤ Lack of honesty & trust: It must be maintained while establishing & building IPRs.

➤ Lack of respect : A mutual senses of respect must be ensured by the people involved in personal & professional relationships.





- ➤ Lack of flexibility: There must be flexibility of the individuals in a relationship for an effective adaptation & success of the IPR.
- ➤ Distorted self concept: Individuals involved in IPRs must have a sound self concept & positive self esteem.





➤ Ineffective communication: It is a key aspect of efficient IPRs, therefore, effective communication must be ensure.

- ➤ Feeling of insecurity: A sense of security must be ensured between people involved in IPR's.
- ➤ Lack of compatibility: Compatibility between the individual involved in IPR must be ensured.





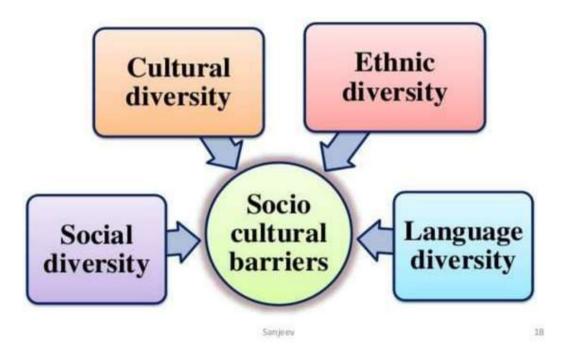
Fear of rejection: It must be eliminated between the individual involved in a relationship.

➤ Pre-existing psychiatric problem: Skilled therapeutic communication is required to interact with individuals suffers from psychiatric or personality problems.



SOCIOCULTURAL BARRIERS









➤ Cultural diversity: Culture plays an important role in the development of IPRs as cultural norms, ideas and customs which provide the basis for our way of thinking.

Ethnic diversity: People with ethnic diversity have different values, attitude and beliefs that can influence the development of an IPR.





- ➤ Social diversity: People from a high-status often convey their power with gestures.
- Language diversity: Different languages are used in different regions of the world. It plays an important role in IPRs. Ex: Different languages ability may fail to establish a strong IPR.



SITUATIONAL BARRIERS









➤ Complex interaction setting: The individuals must try to make the interaction setting simple & familiar & must make the other person feel important.

➤ Adverse environmental situations: Bad environmental situations always play a crucial role in blocking IPRs. Ex: Network issue during phone call.





➤ Lack of territoriality: It means own area. All individuals claim to certain areas as their own & feel safer in their own area. Lack of this leads to distortion of IPRs.

➤ High density of individuals: It refers to the number of people within a given environment space.





Prolonged exposure to such situations lead to certain behaviors such as, aggression, stress. These behavior can stop a person from building effective IPRs.

Lac of time: Time plays an important role in relationships. Every relation needs time and individual's effect to grow.





Frustration arise when people don't have time to meet or interact with each other.





IMPORTANCE OF IPR



- ➤ Interpersonal relationships are important for your overall physical and emotional happiness. Relationships help fight loneliness while also giving you a sense of purpose in life.
- For instance, the closeness you feel with family and friends is an essential part of your social support.



CONCLUSION



In education, IPR plays an important role in the process of learning and motivation. A good IPR actively and continuously facilitates personal growth & development of people by sharing experiences in life.



ASSESSMENT



- 1. What are all the barriers of IPR?
- 2. What are the sociocultural barriers of IPR?
- 3. Describe the personal barriers in IPR?
- 4. Explain the importance of IPR?





REFERENCES



- 1. B.T. Basavantappas"Nursing Education", first edition, 2003, Jaypee Brothers publication, NewDelhi, India.
- http://:WWWunesco.org/education/nfsunesco/pdf/LESTAG_E,PDF



REFERENCES



- 3.http://:monroecc.edy/manila/webfiles/pbrunett/audiovisual.pdf
- 4.http://:wp.lps.org/jholbei/files/2012/03/visual-aids.pdf
- 5.Farrant,(1998)", Principles and Practice of Education, "Essex: LONGMAN.





