



**SNS COLLEGE OF NURSING**  
**Saravanampatti (po), coimbatore.**

**DEPARTMENT OF NURSING**  
**COURSE NAME : BSC (NURSING) II YEAR**  
**SUBJECT : CET**  
**UNIT II: INTERPERSONAL RELATIONSHIP**  
**TOPIC : PHASES & BARRIERS IPR**



# PHASES OF IPR



- Hildegard peplau 1952 gave the interpersonal relationship model.
- The phases are

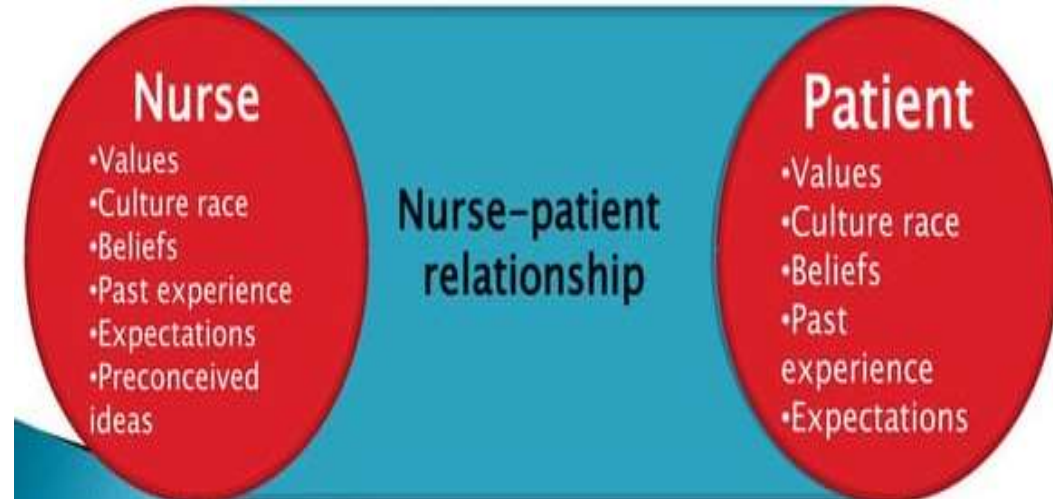




# ORIENTATION PHASE



- Start with an initial encounter with nurse & patient
- The nurse clarifies roles & responsibilities within the therapeutic boundary to the patient.
- Nurse identifies the patient's problem & settles on the type of nursing service needed.





# Contd...



- After developing a trustworthy relationship, the patients start clarifying doubts, share perceptions & convey their needs & expectation to the nurse.
- There are several factors that may affect this phase in a nurse-patient relationship.



# IDENTIFICATION PHASE



- The nurse must approach the patient with empathic understanding to perceive the patient's current feeling.
- The nurse must avoid vagueness & ambiguity by using specific terminology rather than abstractions in communication process.



# Contd...



- The nurse helps the patient identify their problems in their own context & use the available resources to solve the problem.
- The patient's self esteem will be boosted by having feelings of belongingness.



# EXPLOITATION PHASE



- In this patient are made to understand the problems by exploring all available avenues to solve the problems.
- The nurse can help the patient by extending minimal professional assistance to learn how to solve the problem.



# Contd...



- The patient starts exploitation all the available resources in spite of making requests to other to extend help.
- Finally patient is able to deal adequately with his or her own problems.





# RESOLUTION PHASE



- This is the termination of professional relationship that begins with convalesce & rehabilitation stage of hospitalization.
- Patient needs have already been met by the collaborative efforts of the patient & the nurse in previous phases.



# Contd...



- If psychological dependence persists between both of them, it become difficult to resolve the transferences or counter transferencees.
- A nurse must aware of the techniques to resolve it.
- The relationship must be terminated by maintaining a healthier emotional balance by both the parties.

# BARRIERS OF IPR

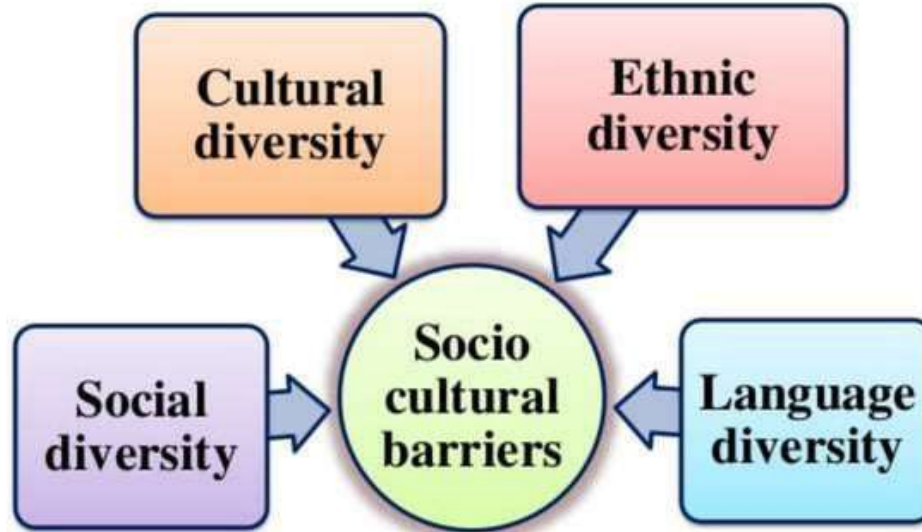


# PERSONAL BARRIERS



# SOCIOCULTURAL

## Sociocultural Barriers





# SITUATIONAL





# IMPORTANCE OF IPR



- A good IPR actively & continuously facilitates personal growth & development of people by sharing experiences in life.
- Helps to relax, share thoughts and even maximizes the fun.
- Helps in boosting an individual's self-esteem & sense of security during relationship with others.



# CONCLUSION



In education, IPR plays an important role in the process of learning and motivation. A good IPR actively and continuously facilitates personal growth & development of people by sharing experiences in life.







# ASSESSMENT



1. What are all the barriers of IPR?
2. What are the phases of IPR?
3. Describe the nurse-patient relationship?
4. Explain the importance of IPR?





# REFERENCES



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Thank  
you