SNS COLLEGE OF NURSING
Saravanampatti (po), coimbatore.

DEPARTMENT OF NURSING
COURSE NAME : BSC (NURSING) II YEAR
SUBJECT : CET
UNIT II: INTERPERSONAL RELATIONSHIP
TOPIC : INTRODUCTION TO IPR

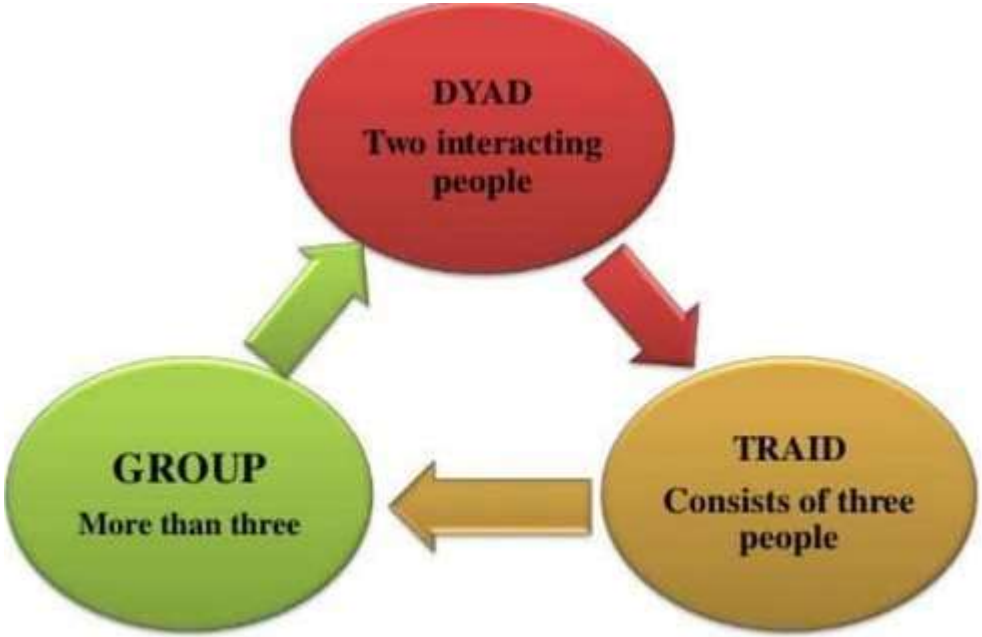
INTRODUCTION

- One of the most distinctive aspects of human beings is that we are social beings.
- Interpersonal relationships have been core of our social system since the dawn of civilization.
- Nursing is a therapeutic process & demands an association between the nurse & patient.

DEFINITION

- IPR refer to reciprocal social & emotional interactions between two or more individuals in an environment.
- It is also defined as a close association between individuals who share common interests & goals.

DYNAMICS


DYAD
Two interacting people
TRAID
Consists of three people
GROUP
More than three

DYAD

- It consists of two interacting people.
- It is the simplest of the three interpersonal dynamics
- One person relays a message & the other listen.
- It is one of the most unstable interpersonal dynamic.
- The interaction ends when one constituent of the dyad refuses to listen or share own message.

TRIAD

- It consists of three interaction people.
- The members engage in the relay & reception of thoughts & ideas.
- It is more stable than the dyad as the third members may act as a mediator when there is conflict between the other two.

GROUP

- It consists of more than three members & is a collection of traids & dyads

- It is the most stable form of interpersonal relationship.

PURPOSES

- IPR FOR AN INDIVIDUAL
- IPR FOR NURSES
- IPR FOR PATIENTS

IPR FOR INDIVIDUAL

- Personal growth & development
- Source of enjoyment
- Sense of security
- Context of understanding
- Interpersonal needs
- Establishing personal identity.

IPR FOR NURSES

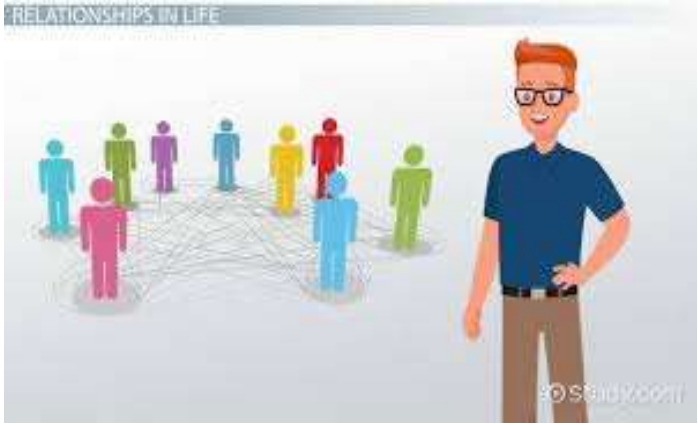
- Building a positive functional multidisciplinary team
- Improving intra-and/or inter-team communication, coordination & cooperation.
- Building mutual understanding & cooperation.
- Understanding self
- Improved decision making & problem solving.

IPR FOR PATIENTS

- Developing a sense of security & comfort
- Fostering trust & cooperation
- Facilitating communication
- Improving socialization
- Developing & maintaining positive feelings.

TYPES OF IPR

- IPR are classified based on relational contexts of interaction & the types of mutual expectations between communicators.



Contd…

- Friendship
- Family & kinship
- Professional relationship
- Love
- Marriage

Contd…

- Platonic relationship
- Casual relationship
- Brotherhood & sisterhood
- Acquaintances.

IMPORTANCE

- A good IPR actively & continuously facilitates personal growth & development of people by sharing experiences in life.
- Helps to relax, share thoughts and even maximizes the fun.
- Helps in boosting an individual's self-esteem & sense of security during relationship with others.

CONCLUSION

In education, IPR plays an important role in the process of learning and motivation. A good IPR actively and continuously facilitates personal growth & development of people by sharing experiences in life.

ASSESSMENT

1. What is meant by interpersonal relationship?
2. What are all the dynamics of IPR?
3. Describe the purposes of IPR?
4. Explain the importance of IPR?

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Thank you