



SNS COLLEGE OF NURSING



COIMBATORE – 35

UNIT – I (CARBOHYDRATES)

I. ESSAY

15 X 1 = 15

1. Write in detail about Digestion, absorption and metabolism of carbohydrates.

II. WRITE SHORT NOTES.

5 X 2 = 10

1. Explain about classification of carbohydrates.
2. List out the functions of carbohydrates.

III. WRITE SHORT ANSWERS

2 X 5 = 10

1. Define Monosaccharides
2. List out the sources of Carbohydrates.
3. What is the caloric value of carbohydrates.
4. Symptoms of Deficiency in carbohydrates
5. Explain about over consumption of carbohydrates.