



# **SNS COLLEGE OF NURSING**

**SARAVANAMPATTI, COIMBATORE-35**

## **DEPARTMENT OF NURSING**

**COURSE NAME : BSC (NURSING) I YEAR**

**SUBJECT : BIOCHEMISTRY**

**UNIT – II NURSING AS A PROFESSION**

**TOPIC : INTRODUCTION**



# INTRODUCTION



- Professions are those occupations possessing a particular combination of characteristics generally considered to be the expertise, autonomy, commitment, and responsibility.



# DEFINITION

- A profession is an occupation based on specialized intellectual study and training, the purpose of which is to supply skilled services with ethical components and others.



# OCCUPATION



- Training may be on job and duration varies.
- The values, beliefs, and ethics are not prominent features.
- The commitment and identification: varies.
- In occupation people often change Job.
- Accountability rest on employer.



# DEFINITION OF PROFESSION



- Profession is defined as “ a vocation requiring advance training and usually involving mental rather than manual work as teaching, engineering, especially medicine, law.
- Webster 1989



# CHARACTERISTICS OF PROFESSION



- It demands possession of a body of specialized knowledge and extended practical training.
- It renders an essential social service.
- It demands continuous in service training of its members.
- It has a clearly defined membership of a particular group with a view to safe-guarding the interests of the profession.



# CHARACTERISTICS OF PROFESSION



- It involves a code of ethics.
- It sets up its own professional organization.
- It assures its members a professional career.
- It has a truth and loyalty.
- It has a transparency of work.
- It gives instantaneous results.



# THE FUNDAMENTAL CHARACTERISTICS



1. Based On Specialized, Theoretical Knowledge
2. Institutional Preparation
3. Autonomy
4. Clients Rather Than Customers
5. Direct Working Relationships
6. Ethical Constraints





# NURSING





# INTRODUCTION



- The word comes from the latin word Nutritious, which means nourished, fosters and protect.
- Nurse not only provides care to the sick & injured, but also helps in the prevention of diseases and their cure.



# ACRONYM OF A NURSE



**N** – Noble

**U** – Useful & understanding

**R** – Responsible / Resourceful

**S** - Sympathetic

**E** – Efficient



# DEFINITION



Nursing is the protection, promotion, and optimization of health and abilities, prevention of illness and injury, alleviation of suffering through the diagnosis and treatment of human response, and advocacy in the care of individuals, families, communities, and populations.

–American Nurses Association(ANA)



# DEFINITION OF NURSING



- Virginia Henderson defined nursing in functional terms: "The unique function of the nurse is to assist the individual, sick or well, in the performance of those activities contributing to health or its recovery (or to a peaceful death) that he would perform unaided if he had the necessary strength, will or knowledge. And to do this in such a way as to help him gain independence as rapidly as possible."



# PROFESSIONAL NURSE



- One who has acquired the art and science of nursing through her basic nursing education program.
- One who interprets her role in nursing in terms of the social ends for which it exists- the health and welfare of society
- Licensed in his/her country or state to practice professional nursing



# CONCEPTS OF NURSING



The tasks of nursing are:

- (a) to promote health
- (b) to prevent disease
- (c) to help ill-person to healing (to assist healing)
- (d) to assist the dying patient to pass away with quietude, peace, and dignity (to ease suffering)



# CONCEPTS OF NURSING



- (e) The client is a holistic human being, including suffering person and healthy person.
- f) Nursing is not only a science, but also an art.
- g) The nursing science attaches importance to human being's living environment and the interrelation between human being and its environment.
- h) The nursing science is a gradually perfect and developing science.





# PHILOSOPHY



- The study of the fundamental nature of knowledge, reality, and existence, especially when considered as an academic discipline.
- A theory or attitude that acts as a guiding for behavior.
- Nursing is viewed as both an art and a science reflecting upon the concepts of the nursing.



# PHILOSOPHY



- Philosophy of nursing includes beliefs and values with regard to man in general & specifically man as the learner ,teacher, nurse, client and the beliefs about health, illness, society, nursing & learning etc..
- The goal of nursing is optimum client wellness, and the maximum level of functioning. The nursing interventions are evidence-based and stem from their core knowledge.



# PHILOSOPHY



- It includes...
- Spiritual : Religion should serve as the primary integrating factor.
- Moral : Nurse has to develop right conscience.
- Intellectual : to provide a systematic development & training & for fulfillment of nursing function.



# PHILOSOPHY



- Emotional needs : nurse must be able to function as a mature, self – dependent & responsible individual & must be able to relate well to other people.
- Physical : to promote harmonious development, physical needs to preserve essentials of health.
- Social : nursing is linked with social culture ,in which nursing activities are carried out.



# CHARACTERISTICS OF NURSING



- ✓ Nursing is carrying
- ✓ Nursing involves close personal contact with the recipient of care
- ✓ Nursing is concerned with services that take human into account as physiological, psychological and sociological organisms.
- ✓ Nursing is committed to promoting individual, family, community and national health goals in its best manner possible.



# CHARACTERISTICS OF NURSING



- ✓ Nursing is committed to personalized services for all persons without regard to color, creed, social or economic status
- ✓ Nursing is committed to involvement in ethical, legal and political issues in the delivery of health care.



# FUNCTIONS OF NURSE



## ❖ Caregiver

The caregiver role has traditionally included those activities that assist the client physically and psychologically while preserving the client's dignity. Care giving encompasses the physical, psychosocial, developmental, cultural and spiritual levels.



# FUNCTIONS OF NURSE



❖ **Communicator:** Communication is an integral to all nursing roles. Nurses communicate with the client, support persons, other health professionals, and people in the community. In the role of communicator, nurses identify client problems and then communicate these verbally or in writing to other members of the health team. The quality of a nurse's communication is an important factor in nursing care.





# FUNCTIONS OF NURSE



- ❖ **Teacher** :As a teacher, the nurse helps clients learn about their health and the health care procedures they need to perform to restore or maintain their health.
- ❖ **Client advocate**: Client advocate acts to protect the client. In this role the nurse may represent the client's needs and wishes to other health professionals, such as relaying the client's wishes for information to the physician.



# FUNCTIONS OF NURSE



- ❖ **Counselor:** Counseling is a process of helping a client to recognize and cope with stressful psychological or social problems, to developed improved interpersonal relationships, and to promote personal growth.
- ❖ **Change agent:** The nurse acts as a change agent when assisting others, that is, clients, to make modifications in their own behavior. Nurses also often act to make changes in a system such as clinical care, if it is not helping a client return to health.



# FUNCTIONS OF NURSE



- ❖ **Leader:** A leader influences others to work together to accomplish a specific goal. The leader role can be employed at different levels; individual client, family, groups of clients, colleagues, or the community
- ❖ **Manager:** The nurse manages the nursing care of individuals, families, and communities. The nurse-manager also delegates nursing activities to ancillary workers and other nurses, and supervises and evaluates their performance.



# QUALITIES OF A NURSE



- **Caring nature:**
  - Nurses deal with the sick and injured and their families on a daily basis, and must be able to show that they truly care about the situation.
- **Empathic attitude**
  - Nurses must be able to put themselves in their patients' shoes to provide the quality care needed.

# QUALITIES OF A NURSE

- **Detail oriented:** Nurses must remember to make entries on patients' charts and to bring medications at the correct times.
- **Emotionally stable:** Nurses feel the joy of seeing a new baby born as well as the pain of losing a long-term patient. Emotional stability is crucial to deal with the wide range of emotions nurses must endure.



# QUALITIES OF A NURSE



- **Adaptable:** People are unpredictable at the best of times, but become even more so under stress, so a nurse's typical workday will require flexibility and adaptability.
- **Hardworking:** Nursing is a never ending job. It is unusual for a hospital or medical center to be overstaffed, which of course means more workload on each nurse in the unit.



# QUALITIES OF A NURSE



- **Quick thinker:**When a nurse notices something is not right with a patient, they must be able to make decisions quickly and put their plans into action instantly, because a fraction of a second can mean the difference between life and death.
- **Physical endurance:**Nurses are on their feet all day, sometimes 12 or more hours at a time, and are often required to assist patients with activities that require physical strength.



# QUALITIES OF A NURSE



- **Good judgment:** A nurse must be able to look at a patient's current state and accurately assess what is needed, especially during emergencies.
- **Communication skills:** Nurse must communicate with other nurses, doctors, patients, and patients' families clearly.
- **Responsible:** Good nurses know how to perform all of their responsibilities with the utmost accuracy and detail.



# Qualities of Professional Nurse

- Truthfulness, loyalty & honesty
- Love for the fellowmen
- Caring
- Commitment
- Compassion, generosity
- Acceptance, assertiveness
- Punctuality
- Fairness
- Self esteem and tolerance
- Appreciation
- Creativity
- Imagination
- Confidence
- Empathy
- Humor
- Kindness
- Morality
- Courage
- Accountability
- Authenticity
- Alertness
- Intelligence
- Efficiency
- Self discipline
- Openness
- Independent





# CONCLUSION



Nursing is an ethical job that is needed throughout the world. It exists in the modern age as a way to care for and to help people, and to maximize the way we treat people.



# ASSESSMENT



1. Define profession
2. Enlist the characteristics of profession
3. What are the functions of nurse
4. Enlist the qualities of nurse



# REFERENCE



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2. Potter and Perry’s., “ Fundamentals of Nursing”., 6<sup>th</sup> edition.,2006., Elsevier India private Ltd., New Delhi.

Thank You