### SNS COLLEGE OF ALLIED HEALTH SCIENCE, COIMBATORE -35

(Affiliated to the Tamil Nadu Dr M.G.R Medical University, Chennai)





#### **PUZZLE**

### SUBJECT: 1421-INTRODUCTION TO SURGERY AND CSSD UNIT – I – IMPORTANCE OF TEAM WORK

### Teamwork Puzzle Activity: "The Bridge Builders"

# **Objective**

Teams must collaboratively build a paper bridge that can hold the most weight using limited materials and clear communication. This activity highlights the importance of teamwork, planning, and creative problem-solving.

### **Instructions for Students**

#### 1. Form Teams:

o Divide into teams of 4–5 members.

### 2. Materials Provided (per team):

- o 10 sheets of A4 paper
- o 1 meter of tape
- o 2 plastic cups (to serve as bridge supports)
- o 1 small bag of coins or washers (for testing weight)
- o 1 pair of scissors

#### 3. Challenge:

- Build a bridge between the two cups (placed 20 cm apart) using only the materials provided.
- The bridge must support as much weight as possible (coins/washers) for at least 10 seconds.
- o You have 20 minutes to plan and build.

#### 4. Rules:

- o Only the provided materials may be used.
- o All team members must participate in planning and building.
- o No external help or internet use.
- The bridge must be free-standing (not taped to the table or supports).

#### 5. **Testing**:

- After 20 minutes, each team will test their bridge by gradually adding coins/washers until it collapses or fails.
- The facilitator will record the maximum weight held.

#### 6. **Debrief**:

o After testing, each team will briefly explain their design and teamwork approach.

#### **Reflection:**

- What strategies worked best?
- How did your team communicate?

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• What would you do differently next time?

## **Rubrics (10 Marks Total)**

Criteria	Description	Marks
Team Collaboration	All members participated, shared ideas, and worked together	3
Planning & Organization	Evidence of planning before building, clear division of roles	2
Creativity & Innovation	Unique or effective design solutions	2
Communication	Clear, respectful, and effective communication during activity	2
Bridge Performance	Bridge holds weight for 10 seconds (bonus for most weight held)	1
Total		10

# **Facilitator Tips**

- Observe and note examples of teamwork, communication, and problem-solving.
- Encourage teams to reflect on their process after the challenge.
- Use the debrief to reinforce the importance of teamwork in achieving goals.