# SNS COLLEGE OF ALLIED HEALTH SCIENCES SNS Kalvi Nagar, Coimbatore - 35 

Affiliated to Dr MGR Medical University, Chennai

DEPARTMENT OF CARDIOPULMONARY PERFUSION CARE TECHNOLOGY<br>COURSE NAME: INTRODUCTION TO SURGERY<br>II YEAR<br>TOPIC : PNEUMOTHORAX

## Pneumothorax

Pneumothorax

Accumulation of air in the pleural cavity causing lungs to collapse


## Types of Pneumothorax

- Spontaneous - Primary (No predisposing lungs disease)
- Secondary - COPD, Cystic Fibrosis, Pneumonia
- Traumatic - Open- Gunshot, stab
- Close- Fracture ribs
- Iatrogenic -Diagnostic \& Therapeutic
- Tension - Fatal- emergency decompression


## Pathophysiology

Normally intra-pleural pressure is negative

Open trauma
Close trauma

Air accumulation in pleural cavity (Built up positive pressure)

Compression and collapse of lung

Decrease vital capacity of lungs and mediastinal shift

## Primary Spontaneous Pneumothorax

- It occurs in young healthy individuals without underlying lung disease
- It is due to rupture of apical sub-pleural bleb or bullae


## Predisposing factors:

- Smoking.
- Tall, thin male.
- Airway inflammation (distal)
- Structural abnormalities of bronchial tree
- Genetic contribution



## Secondary Spontaneous Pneumothorax



Common causes

- TB
- Asthma
- COPD
- Suppurative pneumonia
- Cystic fibrosis


## Rare cause

- Eosinophilic granuloma
- Sarcoidosis
- Lymphangioleiomyomatosis
- Primary lung carcinoma
- Complication of chemotherapy
- Connective tissue disease
- Marfans syndrome
- Rheumatoid disease
- Pulmonary infarct
- Wegener's granulomatosis...
- AIDS.


Indented breastbone
(pectus excavatum)

$\underset{(\text { Protuding breastbone }}{\text { (pecus carinatum) }}$


## Traumatic pneumothorax

Accidental trauma: (non-iatrogenic)

- Blunt trauma: with fracture ribs.
- Penetrating trauma: stab wound or gun shot injury.

Iatrogenic :
Positive pressure ventilation:

- Alveolar rupture $\rightarrow$ interstitial emphysema $\rightarrow$ pneumothorax.

Interventional procedures:

- Biopsy, thoraco-centesis, CVP line, tracheostomy etc..



## Clinical types

| Closed <br> Pneumothorax | Open <br> Pneumothorax | Tension <br> Pneumothorax |
| :--- | :--- | :--- |
| The pleural tear <br> Is sealed | The pleural tear <br> is open | The pleural tear <br>  <br> valve <br> mechanism |
| The pleural <br> cavity pressure <br> is < the <br> atmospheric <br> pressure | The pleural <br> cavity pressure <br> is = the <br> atmospheric <br> pressure | The pleural <br> cavity pressure <br> is > the <br> atmospheric <br> pressure |

 pneumothorax
 pneumothorax

Tension pneumothorax


Inspiration


Expiration

## Tension Pneumothorax

- It is life threatening condition.
- Rapidly progressive breathlessness and circulatory collapse (tachycardia, hypotension \& sweating).
- Jugular venous distention
- The pleural pressure is more than the atmospheric pressure.

Radiological manifestations of large pneumothorax

- Mediastinal shift,
- Flattening of the hemidiaphragm \&
- Lung collapse.
- It is more common with Positive pressure ventilation \& Traumatic pneumothorax.



## Clinical features

Depends on types, size and extent of pneumothorax

- Tachypnea
- Tachycardia
- Dyspnea
- Shortness of breath
- Pleuritic chest pain
- Cyanosis
- Hypotension
- Shock


## Clinical features in critical care

- Patients on Mechanical ventilation or cardiopulmonary resuscitation who suddenly deteriorate clinically, with
- RAPIDLY PROGRESSIVE DYSPNOEA.
- Cyanosis
- Marked tachycardia
- Hypotension
- The airway pressure alarms are triggered.


## Physical Examination



## Inspection

- Tracheal deviation
- Distended neck vein
- Unilateral chest movements


## Palpation

- Absent tactile fremitus

Percussion - Hyperresonance, Hyper tympanic sound over the affected side

Auscultation - Absent/Reduced breath sound on
 affected side

## Investigations

Chest X-ray

- No pleural marking
- Hyperlucency

Chest Ultrasonography

- Accurate size

Chest computed tomography scanning - Prompt and high-quality images


## Treatment

- Goal- to evacuate air promptly and allow the lung to re-inflate
- Supplemental oxygen- to treat hypoxia
- Conservative management- resolve at a rate of approximately 1.25-2.2\% of the volume per day
- Simple aspiration - First line treatment
- Chest tube drainage - If simple aspiration fails, Emergency decompression for tension pneumothorax


## Treatment

- Antibiotics (Cephalosporin)
- Opioids (Fentanyl, morphine)
- Surgery - Open thoracotomy and pleurectomy, Video-assisted thoracoscopic

Pleurodesis or sclerotherapy

- To create adhesion between visceral and parietal pleura - Tetracycline,Doxycycline


## THANK YOU

References:
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