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VIRUSES AND RELATED THREATS

Perhaps the most sophisticated types of threats to computer systems are presented by programs that exploit vulnerabilities in computing systems.

Malicious Programs

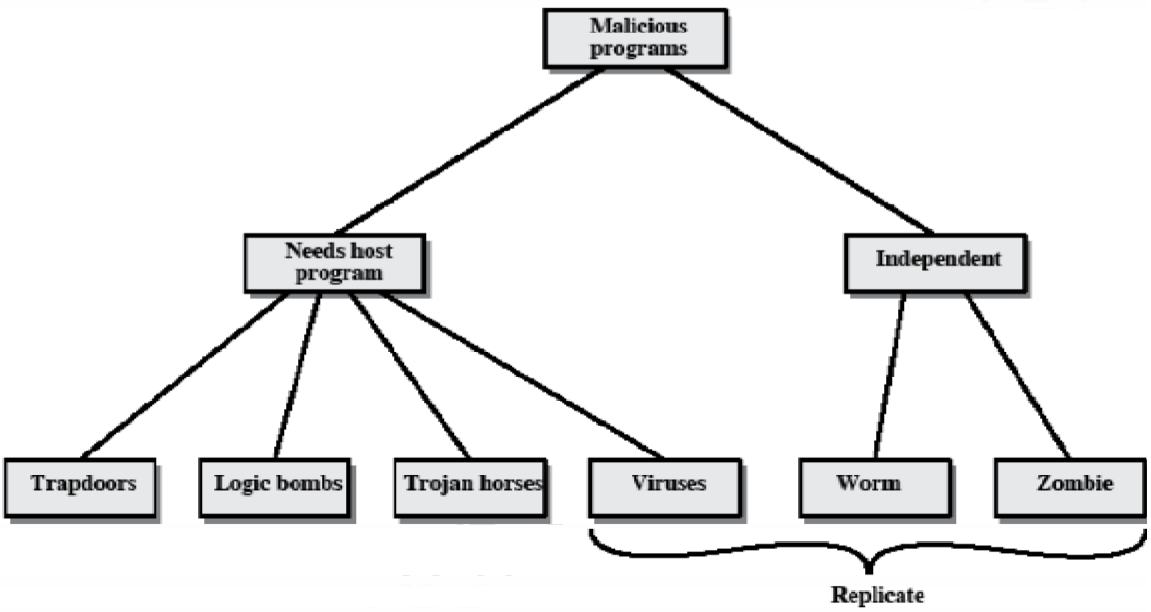

Figure 19.1 Taxonomy of Malicious Programs

Name	**Description**
Virus	Attaches itself to a program and propagates copies of itself to othe programs
Worm	Program that propagates copies of itself to other computers
Logic bomb	Triggers action when condition occurs

Trojan horse	Program that contains unexpected additional functionality
Backdoor	Program modification that allows unauthorized access t functionality
Exploits	Code specific to a single vulnerability or set of vulnerabilities
Downloaders	Program that installs other items on a machine that is under attack Usually, a downloader is sent in an e-mail.
Auto-rooter	Malicious hacker tools used to break into new machines remotely
Kit (viru generator)	Set of tools for generating new viruses automatically
Spammer programs	Used to send large volumes of unwanted e-mail
Flooders	Used to attack networked computer systems with a large volume o traffic to carry out a denial of service (DoS) attack
Keyloggers	Captures keystrokes on a compromised system
Rootkit	Set of hacker tools used after attacker has broken into a compute system and gained root-level access
Zombie	Program activated on an infected machine that is activated to launc attacks on other machines

Malicious software can be divided into two categories: those that need a host program, and those that are independent.

The former are essentially fragments of programs that cannot exist independently of some actual application program, utility, or system program. Viruses, logic bombs, and backdoors are examples. The latter are self-contained programs that can be scheduled and run by the operating system. Worms and zombie programs are examples.

The Nature of Viruses

A virus is a piece of software that can "infect" other programs by modifying them; the modification includes a copy of the virus program, which can then go on to infect other programs. A virus can do anything that other programs do. The only difference is that it attaches itself to another program and executes secretly when the host program is run. Once a virus is executing, it can perform any function, such as erasing files and programs.

During its lifetime, a typical virus goes through the following four phases:

Dormant phase: The virus is idle. The virus will eventually be activated by some event, such as a date, the presence of another program or file, or the capacity of the disk exceeding some limit. Not all viruses have this stage.

Propagation phase: The virus places an identical copy of itself into other programs or into certain system areas on the disk. Each infected program will now contain a clone of the virus, which will itself enter a propagation phase.

Triggering phase: The virus is activated to perform the function for which it was intended. As with the dormant phase, the triggering phase can be caused by a variety of system events, including a count of the number of times that this copy of the virus has made copies of itself.

Execution phase: The function is performed. The function may be harmless, such as a message on the screen, or damaging, such as the destruction of programs and data files.

Virus Structure

A virus can be prepended or postpended to an executable program, or it can be embedded in some other fashion. The key to its operation is that the infected program, when invoked, will first execute the virus code and then execute the original code of the program.

An infected program begins with the virus code and works as follows.

The first line of code is a jump to the main virus program. The second line is a special marker that is used by the virus to determine whether or not a potential victim program has already been infected with this virus.

When the program is invoked, control is immediately transferred to the main virus program. The virus program first seeks out uninfected executable files and infects them. Next, the virus may perform some action, usually detrimental to the system.

This action could be performed every time the program is invoked, or it could be a logic bomb that triggers only under certain conditions.

Finally, the virus transfers control to the original program. If the infection phase of the program is reasonably rapid, a user is unlikely to notice any difference between the execution of an infected and uninfected program.

A virus such as the one just described is easily detected because an infected version of a program is longer than the corresponding uninfected one. A way to thwart such a simple means of detecting a virus is to compress the executable file so that both the infected and uninfected versions are of identical length.. The key lines in this virus are numbered, and Figure 19.3 [COHE94] illustrates the operation. We assume that program P1 is infected with the virus CV. When this program is invoked, control passes to its virus, which performs the following steps:

1. For each uninfected file P2 that is found, the virus first compresses that file to produce P'2, which is shorter than the original program by the size of the virus.

2. A copy of the virus is prepended to the compressed program.

3. The compressed version of the original infected program, P'1, is uncompressed.

4. The uncompressed original program is executed.

In this example, the virus does nothing other than propagate. As in the previous example, the virus may include a logic bomb.

Initial Infection

Once a virus has gained entry to a system by infecting a single program, it is in a position to infect some or all other executable files on that system when the infected program executes. Thus, viral infection can be completely prevented by preventing the virus from gaining entry in the first place. Unfortunately, prevention is extraordinarily difficult because a virus can be part of any program outside a system. Thus, unless one is content to take an absolutely bare piece of

Iron and write all one's own system and application programs, one is vulnerable.

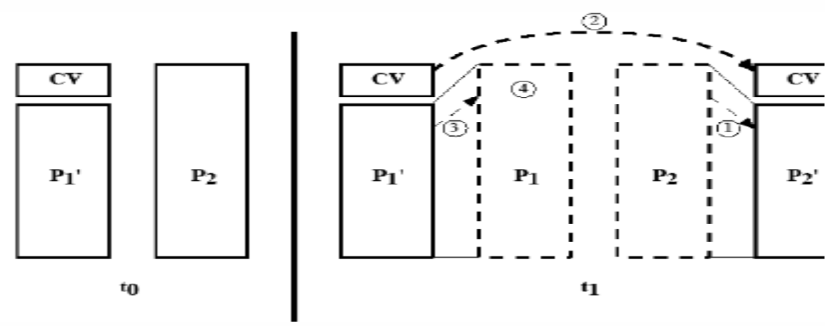

Figure 19.4 A Compression Virus

Types of Viruses

Following categories as being among the most significant types of viruses:

Parasitic virus: The traditional and still most common form of virus. A parasitic virus attaches itself to executable files and replicates, when the infected program is executed, by finding other executable files to infect.

Memory-resident virus: Lodges in main memory as part of a resident system program.

From that point on, the virus infects every program that executes.

Boot sector virus: Infects a master boot record or boot record and spreads when a system is booted from the disk containing the virus.

Stealth virus: A form of virus explicitly designed to hide itself from detection by antivirus software.

Polymorphic virus: A virus that mutates with every infection, making detection by the

"signature" of the virus impossible.

Metamorphic virus: As with a polymorphic virus, a metamorphic virus mutates with every infection. The difference is that a metamorphic virus rewrites itself completely at each iteration, increasing the difficulty of detection. Metamorphic viruses my change their behavior as well as their appearance.

One example of a **stealth virus** was discussed earlier: a virus that uses compression so that the infected program is exactly the same length as an uninfected version. Far more sophisticated techniques are possible. For example, a virus can place intercept logic in disk I/O routines, so that when there is an attempt to read suspected portions of the disk using these routines, the virus will present back the original, uninfected program.

A **polymorphic virus** creates copies during replication that are functionally equivalent but have distinctly different bit patterns.

Macro Viruses

In the mid-1990s, macro viruses became by far the most prevalent type of virus. Macro viruses are particularly threatening for a number of reasons:

1. A macro virus is platform independent. Virtually all of the macro viruses infect Microsoft Word documents. Any hardware platform and operating system that supports Word can be infected.
2. Macro viruses infect documents, not executable portions of code. Most of the information introduced onto a computer system is in the form of a document rather than a program.
3. Macro viruses are easily spread. A very common method is by electronic mail.

Macro viruses take advantage of a feature found in Word and other office applications such as Microsoft Excel, namely the macro. In essence, a macro is an executable program embedded in a word processing document or other type of file. Typically, users employ macros to automate repetitive tasks and thereby save keystrokes. The macro language is usually some form of the Basic programming language. A user might define a sequence of keystrokes in a macro and set it up so that the macro is invoked when a function key or special short combination of keys is input.

Successive releases of Word provide increased protection against macro viruses. For example, Microsoft offers an optional Macro Virus Protection tool that detects suspicious Word files and alerts the customer to the potential risk of opening a file with macros. Various antivirus product vendors have also developed tools to detect and correct macro viruses.

E-mail Viruses

A more recent development in malicious software is the e-mail virus. The first rapidly spreading e-mail viruses, such as Melissa, made use of a Microsoft Word macro embedded in an attachment. If the recipient opens the e-mail attachment, the Word macro is activated. Then

1. The e-mail virus sends itself to everyone on the mailing list in the user's e-mail package.

2. The virus does local damage.

Worms

A worm is a program that can replicate itself and send copies from computer to computer across network connections. Upon arrival, the worm may be activated to replicate and propagate again.

Network worm programs use network connections to spread from system to system. Once active within a system, a network worm can behave as a computer virus or bacteria, or it could implant Trojan horse programs or perform any number of disruptive or destructive actions.

To replicate itself, a network worm uses some sort of network vehicle. Examples include the following:

Electronic mail facility: A worm mails a copy of itself to other systems.

Remote execution capability: A worm executes a copy of itself on another system.

Remote login capability: A worm logs onto a remote system as a user and then uses commands to copy itself from one system to the other.

The new copy of the worm program is then run on the remote system where, in addition to any functions that it performs at that system, it continues to spread in the same fashion.

A network worm exhibits the same characteristics as a computer virus: a dormant phase, a propagation phase, a triggering phase, and an execution phase. The propagation phase generally performs the following functions:

1. Search for other systems to infect by examining host tables or similar repositories of remote system addresses.

2. Establish a connection with a remote system.

3. Copy itself to the remote system and cause the copy to be run.

As with viruses, network worms are difficult to counter.

The Morris Worm

The Morris worm was designed to spread on UNIX systems and used a number of different techniques for propagation.

1. It attempted to log on to a remote host as a legitimate user. In this method, the worm first attempted to crack the local password file, and then used the discovered passwords and corresponding user IDs. The assumption was that many users would use the same password on different systems. To obtain the passwords, the worm ran a password- cracking program that tried

a. Each user's account name and simple permutations of it

b. A list of 432 built-in passwords that Morris thought to be likely candidates c. All the words in the local system directory

2. It exploited a bug in the finger protocol, which reports the whereabouts of a remote user.

3. It exploited a trapdoor in the debug option of the remote process that receives and sends mail.

If any of these attacks succeeded, the worm achieved communication with the operating system command interpreter.

Recent Worm Attacks

In late 2001, a more versatile worm appeared, known as Nimda. Nimda spreads by multiple mechanisms:

from client to client via e-mail

from client to client via open network shares

from Web server to client via browsing of compromised Web sites

from client to Web server via active scanning for and exploitation of various Microsoft IIS 4.0 / 5.0 directory traversal vulnerabilities

from client to Web server via scanning for the back doors left behind by the "Code Red II" worms

The worm modifies Web documents (e.g., .htm, .html, and .asp files) and certain executable files found on the systems it infects and creates numerous copies of itself under various filenames.

In early 2003, the SQL Slammer worm appeared. This worm exploited a buffer overflow vulnerability in Microsoft SQL server.
Mydoom is a mass-mailing e-mail worm that appeared in 2004

The ideal solution to the threat of viruses is prevention: The next best approach is to be able to do the following:

Detection: Once the infection has occurred, determine that it has occurred and locate the virus.

Identification: Once detection has been achieved, identify the specific virus that has infected a program.

Removal: Once the specific virus has been identified, remove all traces of the virusfrom the infected program and restore it to its original state. Remove the virus from all infected systems so that the disease cannot spread further.

If detection succeeds but either identification or removal is not possible, then the alternative is to discard the infected program and reload a clean backup version.

There are four generations of antivirus software:

First generation: simple scanners

Second generation: heuristic scanners

Third generation: activity traps

Fourth generation: full-featured protection

A first-generation scanner requires a virus signature to identify a virus.. Such signature- specific scanners are limited to the detection of known viruses. Another type of first-generation scanner maintains a record of the length of programs and looks for changes in length.

A second-generation scanner does not rely on a specific signature. Rather, the scanner uses heuristic rules to search for probable virus infection. One class of such scanners looks for fragmentsof code that are often associated with viruses.

Another second-generation approach is integrity checking. A checksum can be appended to each program. If a virus infects the program without changing the checksum, then an integrity check will catch the change. To counter a virus that is sophisticated enough to change the checksum when it infects a program, an encrypted hash function can be used. The encryption key is stored separately from the program so that the virus cannot generate a new hash code and encrypt that. By using a hash function rather than a simpler checksum, the virus is prevented from adjusting the program to produce the same hash code as before.

Third-generation programs are memory-resident programs that identify a virus by its actions rather than its structure in an infected program. Such programs have the advantage that it is not necessary to develop signatures and heuristics for a wide array of viruses. Rather, it is necessary only to identify the small set of actions that indicate an infection is being attempted and then to intervene.

Fourth-generation products are packages consisting of a variety of antivirus techniques used in conjunction. These include scanning and activity trap components. In addition, such a package includes access control capability, which limits the ability of viruses to penetrate a system and then limits the ability of a virus to update files in order to pass on the infection.

The arms race continues. With fourth-generation packages, a more comprehensive defense strategy is employed, broadening the scope of defense to more general-purpose computer security measures.

Advanced Antivirus Techniques

More sophisticated antivirus approaches and products continue to appear. In this subsection, we highlight two of the most important.

Generic Decryption

Generic decryption (GD) technology enables the antivirus program to easily detect even the most complex polymorphic viruses, while maintaining fast scanning speeds . In order to detect such a structure, executable files are run through a GD scanner, which contains the following elements:

CPU emulator: A software-based virtual computer. Instructions in an executable file are interpreted by the emulator rather than executed on the underlying processor. The emulator includes software versions of all registers and other processor hardware, so that the underlying processor is unaffected by programs interpreted on the emulator.

Virus signature scanner: A module that scans the target code looking for known virus signatures.

Emulation control module: Controls the execution of the target code.

Digital Immune System

The digital immune system is a comprehensive approach to virus protection developed by IBM]. The motivation for this development has been the rising threat of Internet-based virus propagation.Two major trends in Internet technology have had an increasing impact on the rate of virus propagation in recent years:

Integrated mail systems: Systems such as Lotus Notes and Microsoft Outlook make it very simple to send anything to anyone and to work with objects that are received.

Mobile-program systems: Capabilities such as Java and ActiveX allow programs to move on their own from one system to another.

1. A monitoring program on each PC uses a variety of heuristics based on system behavior, suspicious changes to programs, or family signature to infer that a virus may be present. The monitoring program forwards a copy of any program thought to be infected to an administrative machine within the organization.

2. The administrative machine encrypts the sample and sends it to a central virus analysismachine.

3. This machine creates an environment in which the infected program can be safely run for analysis. Techniques used for this purpose include emulation, or the creation of a protected environment within which the suspect program can be executed and monitored. The virus analysis machine then produces a prescription for identifying and removing the virus.

4. The resulting prescription is sent back to the administrative machine.

5. The administrative machine forwards the prescription to the infected client.

6. The prescription is also forwarded to other clients in the organization.

7. Subscribers around the world receive regular antivirus updates that protect them from the new virus.

The success of the digital immune system depends on the ability of the virus analysis machine to detect new and innovative virus strains. By constantly analyzing and monitoring the viruses found in the wild, it should be possible to continually update the digital immune software to keep up with the threat.

Behavior-Software

Unlike heuristics or fingerprint-based scanners, behavior-blocking software integrates with the operating system of a host computer and monitors program behavior in real-time for malicious actions. Monitored behaviors can include the following:

- Attempts to open, view, delete, and/or modify files;
- Attempts to format disk drives and other unrecoverable disk operations;
- Modifications to the logic of executable files or macros;
- Modification of critical system settings, such as start-up settings;
- Scripting of e-mail and instant messaging clients to send executable content; and
- Initiation of network communications.

If the behavior blocker detects that a program is initiating would-be malicious behaviors as it runs, it can block these behaviors in real-time and/or terminate the offending software. This gives it a fundamental advantage over such established antivirus detection techniques as fingerprinting or heuristics.