

SNS COLLEGE OF TECHNOLOGY

(AN AUTONOMOUS INSTITUTION)

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Department of Biomedical Engineering

Course Name: 19BM0302 & WEARABLE TECHNOLOGIES

Topic: Physical Activity Monitoring

Semester:6

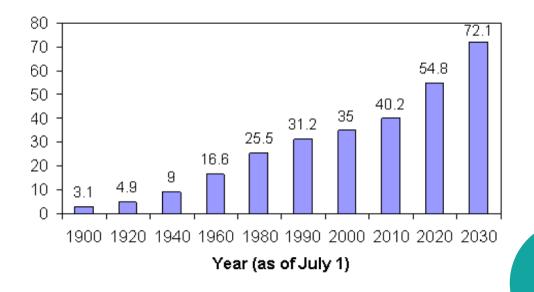


STATISTICS



- The proportion of elderly in the world is demonstrating a remarkable increase every year.
 - By the year 2050, 1 in 5 person in the world will be age 60 or older,
- 1.6 million people in the aging population live in sion m 2 facilities
- Typical residents need assistance with 2 activities of daily living

Figure 1: Number of Persons 65+, 1900 - 2030 (numbers in millions)





RISK FACTORS



- ➤ With the increase of elderly people population:
 - ➤ Rising Health Care Costs
 - ➤ More investment is needed for elderly care
 - ➤ Many elderly people choose to stay at home
 - > e.g., Due to privacy/dignity issues.
 - ➤ A majority of older adults are challenged by chronic and acute illnesses and/or injuries.
 - > 80% of older Americans have one or more chronic diseases.
 - The growing insufficiency of traditional family care
 - ➤ i.e., decreased care by relatives
 - ➤ Decrease in the working population will cause a shortage of skilled caregivers.

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WHAT SERVICES CAN ASSISTED LIVING SYSTEMS OFFER?



- ➤ Alarms/notifications and triggers
- ➤ Queries
- ➤ Reminders Vision Tit 2 Vision Title 3
- > Detect anomalies and deviations
- ➤ Recognize specific behaviors and assist with task completion
- ➤ Keep the person active and connected to the social environment



OVERVIEW OF SENSOR



- > Sensor Networks to Monitor Elderly
 - ➤ Activities of Daily Living Monitoring,
 - Location Tracking,
 - Medication Intake Monitoring,
 - ➤ Medical Status Monitoring,
 - > Fall and Movement Detection

Vision Title 3



ACTIVITIES OF DAILY LIVING MONITORING



- ➤ Monitoring the patient's activities of daily living (ADLs) is essential to
 - > Detects anomalies and prompts them,
 - ➤ Assist the independent living of older adults
 - ➤ The diagnosis of diseases and health problems Vision III >

Vision Title 3

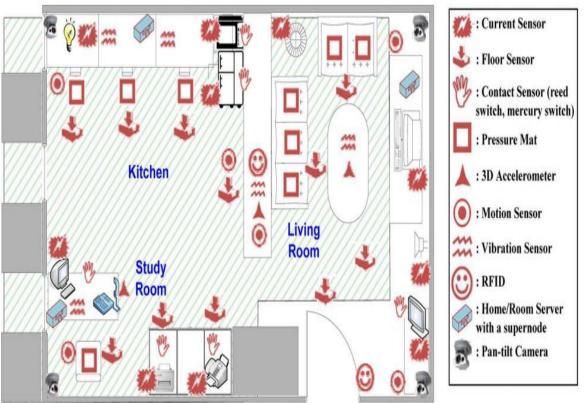
- ➤ Several projects have investigated the use of pervasive sensors to provide a 'smart' environment for the observation of (ADL)
 - The use of heterogeneous sensors, including
 - ➤ Wearable sensors (Body Sensor Network (BSN))
 - ➤ Designed to collect biomedical, physiological and activity data
 - ➤ Ambient sensors (Ambient Sensor Network (ASN))
 - ➤ Designed to collect data around the region where the ADL takes place.



SENSOR MONITORING



➤ Variety of multi-modal and unobtrusive wireless sensors seamlessly integrated into ambient-intelligence compliant objects (AICOs) to achieve activity recognition



Vision Title





LOCATION TRACKING



- ➤ 25% of people over 60+ suffer from Alzheimer's and Dementia
- ➤ Seniors with Dementia or Alzheimer's can easily become confused or lost.
- ➤ Monitoring location of a person suffering dementia or Alzheimer's can help
 - > Detect signs of disorientation or wandering.
 - ➤ The health professional to reach a diagnosis of a type of dementia.
- > Several methods for location tracking have been proposed:
 - > GPSs based outdoor location tracking
 - > RFID-based indoor location tracking
 - ➤ IR, ultrasound

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USES OF WEARABLE TECHNOLOGY













(a) Visualization with highlighted warnings

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MEDICATION INTAKE MONITORING



- > Taking medications is one of the most important activities in an elder's daily life
 - ➤ Elders taking on average of about 5.7 prescription medicines and 4 nonprescription drugs each day.
- ➤ Medication intake monitoring is essential
 - ➤ Medication noncompliance is common in elderly and chronically ill especially when cognitive disabilities are encountered .
- > The existing methods/systems often utilize following sensor technologies for medication intake monitoring
 - > RFID
 - ➤ Computer vision

