



SNS COLLEGE OF TECHNOLOGY

(AN AUTONOMOUS INSTITUTION)

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Department of Biomedical Engineering

Course Name: Professional ethics and human values(19GET201)

III Year: VI Semester

UNIT –IV: UNIVERSAL HUMAN VALUES – INTRODUCTION

TOPIC : Understanding Harmony in the Self



Understanding Harmony in the Self



Understanding Harmony in the Self

Now we will explore into the activities of the Self and see how harmony can be ensured among all the activities of the Self, resulting into a state of continuous happiness.



Activities of the Self



The activities of the Self can be seen in terms of desire, thought and expectation.

Desire is the name given to the activity of imaging. You are making an image in the Self.

Desire is in the form of an image which you have created within. Thought is the power for the activity of analysing based on comparing various possibilities to fulfil your desire.



Activities of the Self

Expectation is the power for the activity of selecting based on tasting. Activities of the Self are Continuous.

These powers of desire, thought and expectation are inexhaustible, and the activities are continuous.

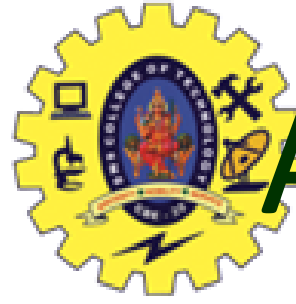
The activities of imaging, analyzing-comparing and selecting-tasting are always going on, whether we are aware of them or not.



Activities Together Constitute Imagination



- These activities are together called imagination.
- We may not immediately be able to observe our desire, thought and expectation distinctly, but it may be easier to see that something is going on within.
- One imagination or the other is going on in us all the time.
- Happiness and unhappiness depend on the state of imagination. If your imagination is in harmony with your natural acceptance, you are in a state of happiness.



Activities Together Constitute Imagination



- When it is in contradiction with your natural acceptance, you are in a state of unhappiness.
- Imagination is expressed to the world outside, in terms of behaviour with human being and work with the rest of nature.
- We have also referred to imagination as “what I am” and the natural acceptance as “what I really want to be”.



State of Imagination



- Once you start looking at your imagination, you will be able to find out the state of your imagination.
- Your imagination could be well organised, in harmony or it could be a random mixture of harmony and contradiction.



Possible Sources of Imagination



- There are three possible sources of motivation for imagination:
 1. Preconditioning,
 2. Sensation and
 3. Natural Acceptance



Possible Sources of Imagination



- A dominant source of imagination is preconditioning.
- Preconditioning means the beliefs, notions, norms, ideas, views, dictums, goals, etc. prevailing in the family, in the society which we have assumed without knowing.
- They may influence our imagination. Another major source of our desire, our imagination is the sensation.



Possible Sources of Imagination



- Sensation is the information we get from the Body through the five sense organs – of sound, touch, sight, taste and smell.
- The third source of imagination is our natural acceptance. It can also be referred to as the inner voice or conscience.
- Self-verification on the basis of our natural acceptance can be the third possible source.
- It may or may not be the predominant source of motivation currently, but it can be the real source for deciding our desire, our imagination.



Ensuring Harmony in the Self by way of Self-exploration



To achieve this harmony in the Self, we need to start self-exploration.

In the process, we need to:

- Know our natural acceptance
- Be aware of our imagination
- Find out the source of imagination
- Work out a way to sort out our imagination till it is fully in line with our natural acceptance When the imagination is in harmony with the natural acceptance, there is harmony in the Self.

This harmony is happiness.



Thank You!