# SNS COLLEGE OF ENGINEERING

**Kurumbapalayam (Po), Coimbatore – 641 107**
**An Autonomous Institution**
**Accredited by NBA – AICTE and Accredited by NAAC – UGC with 'A' Grade**
**Approved by AICTE, New Delhi & Affiliated to Anna University, Chennai**

## DEPARTMENT OF MANAGEMENT STUDIES

## COURSE NAME : 19BA202 – HUMAN RESOURCE MANAGEMENT

## I YEAR /II SEMESTER

## Unit 3 – TRAINING AND EXECUTIVE DEVELOPMENT

## Topic 3: Self Development

# SELF DEVELOPMENT

MEANING

Self – development means a personal desire to improve through an individual's attempt to embark on study and practical explosive that are independent of an organization's role and contribution.

◄ Self development is also known as Self Control.

# 4 STAGE APPROACH

Self Assessment

Diagnosis

◄ Action Planning

◄ Monitoring & review

# MODELS FOR SELF DEVELOPMENT

This involves three stages;

Development of self-awareness

◄ Awareness of skills required

◄ Adopting methods of skill development

# MODELS FOR SELF DEVELOPMENT

Development of self-awareness

Self awareness is concerned with the identification of what one is.

◄ Explained by Joseph Luft & Harrington Ingham

JOHARI WINDOW

# SELF DEVELOPMENT & TIME MANAGEMENT

Elimination of time wasters:

Unorderly method of working

◄ Unnecessary Gossip

◄ Unscheduled visitors

◄ Too many meetings

◄ Family tension

◄ Procrastination

◄ Failure to set priorities

◄ Lack of scheduling

## DEVELOPMENT OF SELF-AWARENESS

◄ Awareness of skills required

◄ Adopting methods of skill development

## AWARNESS OF SKILLS REQUIRED

◄ Job-related skills

◄ Behavioural Skills

Adopting methods of skill development

Self behaviour Management

◄ Development through self-study

◄ Continuous Process

**RECAP**

**QUESTIONS???**

**THANK YOU**